

Morarji Desai National institute of Yoga

Ministry of AYUSH, Government of India

68, Ashok Road, New Delhi – 110001

Yoga Mahotsav 2020

Best Paper Presentation

Topic: Yoga as a Way of Life

MDNIY is going to organize a Yoga Mahotsav, a Curtain Raiser for International Day of Yoga (IDY 2020) to sensitize the masses regarding IDY from March 12 - 14, 2020 at Talkotra Stadium, New Delhi. A slot has been given on Best Paper Presentation scheduled to be held on 13th March 2020 as per the “Rules and Guidelines” given below:

Rules and Guidelines

1. **Title:** The title should be reflective of the research, programme or intervention. Include the authors and their affiliations (institution/organization) under the header for identification.
2. **Abstract:** Structured abstract should contain Background, Methods, Results, Conclusion (maximum 250 words).
3. **Key words:** 4-5 key words
4. **Introduction:** Review of literature, background in detail with hypothesis, aims and objectives of the study.
5. **Methods:** Details of participants, inclusion and exclusion criteria, sample size, parameters in detail, procedure of statistical analysis.
6. **Results:** Results in detail, supporting tables, graphs.
7. **Discussion:** Discussion in details.
8. **Conclusion:** A precise conclusion.
9. **Conflict of Interest:** Please declare conflict of interest, if any.

Rules for Best Paper Presentation:

1. Prepare a power point presentation (10 slides).
2. Total 08 minutes will be given for the presentation.
3. There will be question - answer session followed by the presentation.

Eligibility:

1. Research scholar or student of any stream

Prize money for competition:

1st Prize Rs 25,000/-

2nd Prize Rs. 15,000/-

Note:

- There will NOT be facilities on-site for printing or composing papers.
- Audiovisual equipment will be provided for paper presentations.
- Each presenter will be ONLY allowed one paper.
- Registration at Yoga Mahotsav 2020 is mandatory for presentation.

Kindly fill the **competition registration form** to get registered in this competition. It is requested to submit only original research work with a subject “Full Paper for Best Paper Presentation” on or before **11.03.2020** through email yogamahotsav2020@gmail.com and physioramupal@gmail.com.

For further queries kindly contact:

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