

Dr. Ishwar V. Basavaraddi

Curriculum Vitae

Dr. Ishwar V. Basavaraddi is the Director of prestigious Morarji Desai National Institute of Yoga, New Delhi, under Ministry of AYUSH, Govt. of India since 2005. He's also the Head of Yoga Certification Board of Ministry of AYUSH, since 2018 and Head of WHO CC for Traditional Medicine Yoga, since 2013.

Dr. Ishwar V. Basavaraddi is a renowned Yoga Scientist a Philosopher. He is recognised as one of the eminent Yoga educationist and Yoga Expert of the Country. He has more than 33 years of experience in Yoga teaching, training therapy and research out of which 16 years in the PG Department of Yoga studies in Karnataka University, Dharwad, Karnataka.

He was also the Advisor (Yoga & Naturopathy), Ministry of AYUSH, Government of India during 2019-2020 and had the additional charge of Director, CCRYN from 2010 to 2012 & 2019 to 2020.

Dr. Ishwar hails from small village, Savadi of Gadag district in Karnataka. He is basically a physicist having done his M.Sc. in Physics from Karnataka University, Dharwad. Later he turned to Yoga and Yoga Philosophy. He did M.A. in philosophy, Ph. D. in Yoga Philosophy and have two P.G. Diplomas to his credits.

He is instrumental in introducing 159 District Yoga Wellness Centres, Yoga Therapy and Research Centres in premier medical Institutions, Yoga Wellness Centres in CGHS dispensaries, getting recognised Yogasana as a Competitive Sports and many. He imparted Yoga Education, training and therapy to more than lakhs of people of all sections of the society. Published several research papers and books.

He is distinguished member of many Government and Non-Government organizations like Inter-University Center for Yogic Science (IUC-YS), ICCR, ICMR, UGC, NCERT, NCTE, TKDL, SAI, Railway Board, IYA, IYSF, Fit India and held various positions. WHO mYoga application is the recent contribution of Dr. Ishwar V. Basavaraddi for health and wellness sector.

He was one of the main architect of Common Yoga Protocols and master of ceremony giving Yoga Instructions to more than 40,000 people including Hon'ble Prime Minister of India at Rajpath, New Delhi in 2015, which went off creating two Guinness World Records. He widely travelled abroad and recipient of many awards.

He has completed 10 major Research & development projects, published more than 18 Research papers, 28 Booklets, 10 monographs, Evaluated hundreds of Research projects as Member and Chairman of different Research Project Evaluation Committees; took initiatives to establish 5 Advance Centres for Yoga Education, Therapy and Research in premier Medical Institutions of the country and provided disease specific Yoga research protocols for the projects.

Several initiatives have been taken under the stewardship of Dr. Ishwar V. Basavaraddi for the promotions and development of Yoga in India and abroad.



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