सत्यमेव जयते
Government of India
Ministry of AYUSH

मोरारजी देसाई राष्ट्रीय योग संस्थान
संगच्छध्वं योग चक्षते
MDNIY

Morarji Desai National Institute of Yoga
Ministry of AYUSH, Government of India

ADMISSION BROCHURE

DIPLOMA IN YOGA SCIENCE (D.Y.Sc.)

FOR GRADUATES

One Year Duration

ACADEMIC SESSION 2017-18

Morarji Desai National Institute of Yoga

Ministry of AYUSH, Govt. of India

68, Ashok Road, Near Gole Dak Khana, New Delhi – 110 001
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Government of India
Ministry of AYUSH

Director's Message

Yoga is essentially spiritual. It dignifies the essential unity that is the basis of life. It embraces the full spectrum of reality, from the most spiritual to the most material. The Philosophy of Yoga is practical and applicable in our day-to-day living. The practice of Yoga is a process of self-discovery. It is an awakening of long deep rooted memories of whom and what we really are! Yoga, as union, implies perfect harmony of body and mind. It implies the harmonious integration of personality. The most common benefit of Yoga practice is the sense of well being at all levels of our existence.

Yoga has now got worldwide acceptance. On 11th December 2014, the 193 member UNGA approved India's proposal by consensus with a record 177 co-sponsoring countries, a resolution to establish 21st June as "International Day of Yoga". In its resolution, the UNGA recognised that Yoga provides a holistic approach to health and well-being and wider dissemination of information about the benefits of practicing Yoga for the health of the world population. Now, Yoga has been inscribed as intangible cultural heritage of humanity by UNESCO on 1st December, 2016. Yoga brings harmony in all walks of life and thus, is known for disease prevention, health promotion and management of many lifestyle-related disorders. Accordingly, International Day of Yoga (IDY) is being celebrated worldwide on 21st June every year. Millions of people participated in commemorating IDY throughout the world. This shows the importance and growing demand for Yoga.

MDNIY is conducting one year **Diploma in Yoga Science for Graduates** from the last **19 years** which is very popular course within and outside India. The Diploma holders are getting ample job opportunities both in public and private sectors. Apart from the said course, the Institute has started **B.Sc. (Yoga Science)** of three years duration from the academic year 2012-13 with the affiliation of Guru Gobind Singh Indraprastha University, New Delhi. The Institute is also conducting many other Yoga Educational, Therapy and Training Programs. It is also conducting many activities for promotion, propagation and research of Yoga.

It is the need of the time to have institutionally qualified and trained professionals of Yoga Science for its instruction, propagation and conservation in its true spirit. I hope these institutionally trained Diploma holders can understand the discipline holistically and ably impart this ancient knowledge to the needy people. Every step is being taken to provide facilities for the students of this programme, needed for imparting the quality education. I am sure that there would be a good career ahead for those who will be able to make their entry into this program.

(Dr. Ishwar V. Basavaraddi)
Director

Important Dates

Diploma in Yoga Science (D.Y.Sc.)

For Graduates
(One Year Duration)
Academic Session 2017-18

Details	Date
Commencement of sale of Admission Brochure along with the Application Form from the office of Morarji Desai National Institute of Yoga (MDNIY), New Delhi	18th July, 2017
Last date for submission of Application Form	04th August, 2017
Announcement of Merit List for 1st Counselling	08th August, 2017
Date of 1st Counselling Session for admission at MDNIY, New Delhi August	09th, 10th & 11th August, 2017
Announcement of Merit List for 2nd Counselling	12th August, 2017
Date of 2nd Counselling Session for admission at MDNIY, New Delhi	14th August, 2017
Commencement of Academic Session	16th August, 2017

Important Note

A) Last date to receive the filled in application for A&N Islands, N-E States and J&K students is 11th August, 2017 their selection will appear in the second list for counselling on 12th August, 2017 and they may pay the fees on or before 16th August, 2017 and join the Course.

B) The selection list will be displayed only on the Notice Board and uploaded on the Institute's website www.yogamdniy.nic.in. No personal information will be given to the candidates.

C) The application form may also be downloaded from the Institute's website.

D) The office timings of the Institute are 09:00 am to 05:30 pm on all working days (Monday to Friday).

E) Kindly get the proper acknowledgement for the receipt of application and supportive documents if sent by post, have proper acknowledgement.

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1 Morarji Desai National Institute of Yoga (MDNIY)

The Institute

Morarji Desai National Institute of Yoga (MDNIY) is an autonomous organisation registered under the Societies Registration Act, 1860 and functioning under Ministry of AYUSH, Govt. of India. MDNIY came into existence on 01.04.1998 by upgrading erstwhile Central Research Institute for Yoga (CRIY) which was established in the year 1976.

MDNIY was established to act as a Centre of Excellence in the field of Yoga. As the demand for the system of Yoga is increasing rapidly at the global level, the Institute is striving hard to fulfil the current need and demand of the people from every corner.

Aim

The Aim of the Institute is to promote deeper understanding of Yoga philosophy and practices based on ancient Yoga Traditions for holistic health and well-being of all.

Objectives

Objectives of the Institute are-

- To act as a centre of excellence in Yoga;
- To develop, promote and propagate the philosophy, science and art of Yoga; and
- To provide and promote facilities of teaching, training, therapy and research to fulfil the above two objectives.

Vision

Health, Happiness and Harmony for all through Yoga.

Mission

To provide the best of Yoga Education, Training, Therapy and Research facilities to the aspirants, researchers and practitioners of Yoga to meet the aspirations of modern age.

Location

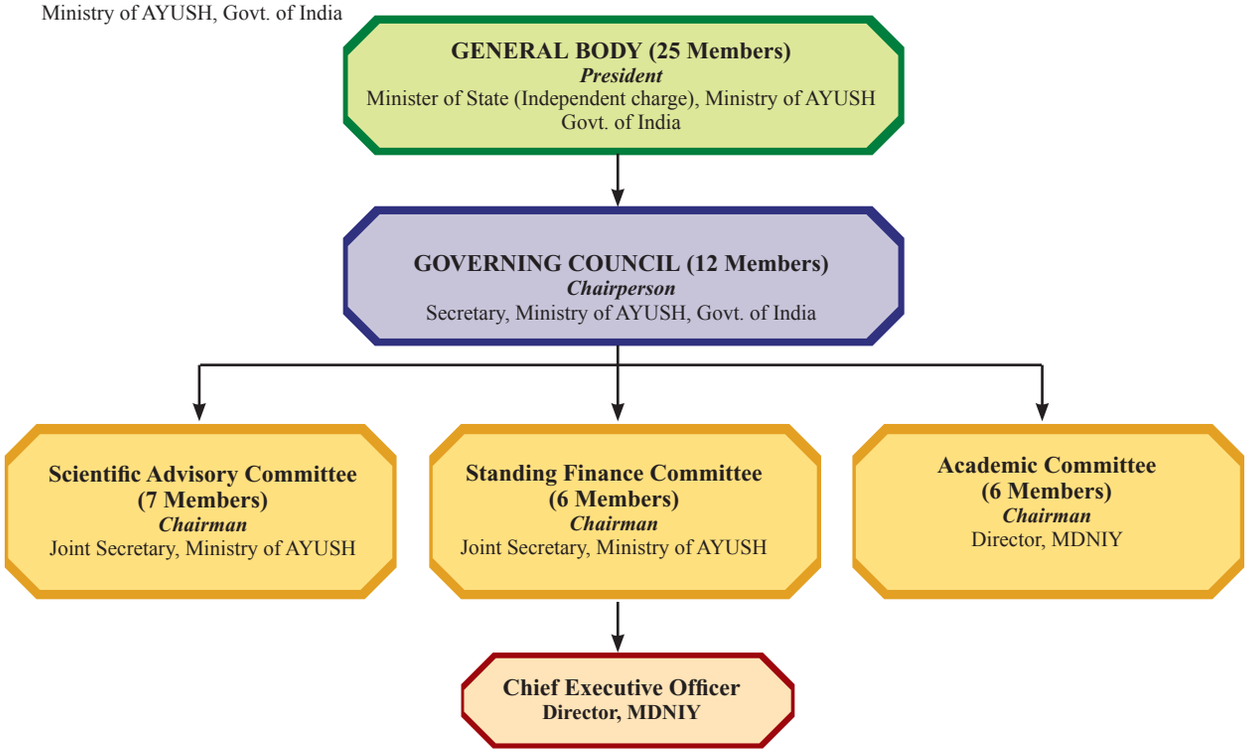
The Institute is situated at 68, Ashok Road, opposite to Bangla Sahib Gurudwara, Near Gole Dak Khana. MDNIY is approximately 20 kms from Indira Gandhi International Airport; about 2 kms from New Delhi Railway Station and 8 kms from Inter State Bus Terminus (I.S.B.T.). It can be reached by local transport of Delhi Transport Corporation buses from all corners of Delhi, Gurgaon, Ghaziabad and Noida and for Metro Train travellers Patel Chowk is the nearest station for the Institute.

The Management

The Institute is fully funded by Ministry of AYUSH, Govt. of India. The authorities and the officers of the Institute are - The President, The General Body, The Governing Council, The Director and such other committees sub-committees, authorities and officers as may be appointed by the Governing Council, e.g. Standing Finance Committee, Scientific Advisory Committee, Academic Committee etc.

Shri Shripad Yesso Naik
Hon'ble Minister of State (I/C)
Ministry of AYUSH, Govt. of India

The Minister of State (Independent charge), Ministry of AYUSH, Govt. of India is the President of the General Body of the Institute. The Secretary, Ministry of AYUSH, Govt. of India is the Chairman of the Governing Council. The Director of the Institute is the Chief Executive Officer and "Head of the Department" of the Institute and exercises the power of "Head of the Department" and inter-alia, discharges the duties as mentioned in the MoA and bye-laws of the Institute.



The Director

Dr. Ishwar V. Basavaraddi is the **Director** of the **Institute since June 2005**. Earlier, he worked as Instructor / Lecturer / Head of the Deptt. of Yoga Studies, Karnataka University, Dharwad, Karnataka for **16 years**. He has more than **29 years** of professional experience in Yoga education, therapy and research. He has imparted Yoga training and therapy to more than **Eighty Thousand** people of diverse sections of the society.

Dr. Basavaraddi is basically a Physicist having done his **M.Sc.** in **Physics** and later, he turned to Yoga Philosophy. He did his **MA** in **Philosophy** and **PhD** in **Yoga Philosophy**. He has two Post Graduate Diplomas to his credit-one in **Yoga Education** and another one in **Computer Application**. He has also got Yoga training for **Advance Yoga Sadhna** at eminent Yoga Institute under reputed Indian Yoga Masters. He is also the Secretary General of Indian Yoga Association (IYA) - A self-regulatory body of leading Yoga Institutions of India. Several Initiatives have been taken up under his stewardship to propagate and promote Yoga across the country and abroad.

Infrastructure Facilities

The Institute has a new state-of-art complex with ultramodern building and air-conditioned **Conference Hall, Auditorium, Meditation Hall, Yoga Practical Halls and Class Rooms.** The 50-seater Conference Hall is well equipped with a LCD projector and other latest audio visual technological facilities for presenting research papers, conducting meetings, mini-conferences and seminars etc. Bigger seminars, conferences and workshops are conducted in the Auditorium which is equipped with latest audio visual and lighting system with a capacity of 168 seats. Natural light beaming from its beautiful circular dome renders the atmosphere of the sound proof Meditation Hall appropriately serene.

The Institute has **Amphitheatre** with seating capacity of around 500. It is being used for International Yoga Fests, Yoga demonstrations and other socio-cultural activities.

The **Academic Block** has the aesthetically designed, ultra-modern, well-furnished and fully illuminated classrooms with the latest digital acoustics where theory and practical classes of different educational courses and training are conducted.

Regular Yoga practical classes of Shatkarma (cleansing) practices are conducted in the triangular **Kriya Block.**

Working Hours

The Institute works from 9:00 am to 5:30 pm on all working days. However, the Yoga Education, Therapy and Training programmes run between 6:00 am to 8:00 pm on all working days. Weekend Yoga programmes are also being run on Saturday's during the scheduled hours.

Hostel

At present the Institute doesn't have its own hostel facility. However, the Institute provides Hostel stipend of Rs. 5,000/- per month per student who hails from outside Delhi & NCR (See the section Additional Facilities to Students) [Conditions apply].

Canteen

Canteen facility is available at the Institute premises wherein natural healthy food items-fruits and juices are being served at nominal rates.

Library

The Institute has a centrally air conditioned Library, having more than 15,000 volumes on Yoga and allied subjects, available to all students. It is also accommodating the AYUSH Library, where the literatures related to different Indian Systems of Medicine are available.

Learning Resource Centre

The Institute established a Learning Resource Centre (LRC) for Yoga at MDNIY. The LRC is the literature predomination resource that is useful for academic and research purposes. It's a hybrid collection of printed as well electronic resources.

Computer Laboratory

The Institute has a Computer Laboratory wherein computers with internet facilities are available for students free of cost. Xerox facilities are also available in the Lab at very nominal rates.

Bio-chemistry Laboratory

The Institute's Laboratory is equipped with technically qualified experts having facilities for Pathological and Biochemical tests.

Teaching Departments

The Institute functions under the following Teaching Departments :

1.	Department of Yoga Education
2.	Department of Yoga Therapy
3.	Department of Yoga Philosophy
4.	Department of Yoga and Human Consciousness
5.	Department of Anatomy
6.	Department of Physiology
7.	Department of Allied Sciences
8.	Department of Languages

These Teaching Departments are also supported by :

1.	Department of Yoga Research
2.	Department of Communication and Documentation
3.	Department of Administration

Yoga Educational Programmes

B.Sc. (Yoga Science) (for 10+2 Science stream students) in the Biology.

- This course is affiliated to Guru Gobind Singh Indraprastha University (GGSIPU), Dwarka, New Delhi.
- The course is designed to impart the knowledge, skills and techniques of Yoga to enable them to become an institutionally qualified Yoga professional. It is a full time regular course of 3 years duration, comprising 6 semesters.
- **Eligibility:** Pass in 12th Class of 10+2 pattern of CBSE or equivalent with Science (Physics, Chemistry and Biology) with a minimum aggregate of 50% marks in Physics, Chemistry, Biology provided that the candidate has passed in each subject separately.
- **Intake Capacity**: 60

Certificate Course in Yoga Science for Special Interest Group

To enhance the social health management of working stress and skill development of Special Interest Group, MDNIY has started Certificate Course in Yoga Science for Target Group (Para-military Personnel) w.e.f. 1st January 2015. It is of 4 months duration & on Invitation.

- **Intake Capacity:** 100

Yoga Training Courses

Foundation Course in Yoga Science for Wellness (FCYScW)

Foundation Course in Yoga Science for Wellness (FCYScW) is a part time course of 1 month duration (50 Hrs.). The classes are conducted for 5 days in a week for 2 hrs. duration in a day preferable from 07 :00 AM to 09:00 AM in the morning and 03:30 PM to 05:30 PM in the evening (Two Batches). However, the timings may change as per the convenience of the Institute.

- **Eligibility:** This course is open for all individuals who have passed the Matriculation (X^{th}) examination from a recognized Board or its equivalent. But, the person not having Matriculation or formal education and found suitable may be also be permitted with the permission of the Director MDNIY.
- **Intake Capacity:** 50 per batch

Certificate Course in Yogasana (CCY) for Health Promotion

Certificate Course in Yogasana (CCY) for health promotion, a part time course of 3 months duration is conducted for 3 days in a week on Alternate Days **(Tuesday, Thursday and Saturday).**

Certificate Course in Pranayama and Meditation (CCPM) for Health Promotion

Certificate Course in Pranayama & Meditation for health promotion, a part time course of 3 months duration is conducted for 3 days in a week on Alternate Days **(Monday, Wednesday and Friday).**

Eligibility and Intake Capacity of CCY & CCPM

Eligibility:

1. A candidate who has passed at least 10+2 examination from a recognized Board or its equivalent shall be eligible to take admission to the course.
2. Foundation Course in Yoga Science for Promotion of Health/Wellness Conducted by MDNIY or any basic course on Yoga of minimum 1 month duration, equivalent to the Foundation course in Yoga Science of MDNIY.

Intake Capacity: 50 Per Batch each of CCY & CCPM

Advanced Yoga Sadhana

Advanced Yoga Sadhana is a part time course of 6 months duration is conducted from Monday to Friday.

- **Eligibility :** A candidate who have completed Certificate course in Yogasana and Certificate Course in Pranayama & Meditation of MDNIY
- **Intake Capacity:** Max. 50 candidates.

Health Promotion Programmes

- **Health Promotion Programme (HPP):** Health Promotion Programmes of one hour each are conducted from 6.00 AM to 7.30 PM on all working days.
- **Saturday Yoga Training Programme:** Weekend Yoga Training Programme are conducted from 6.30 AM to 11.00 AM Only on Saturdays.

Yoga Therapy Programmes

Out Patient Department

- The Institute is having Yoga Therapy OPD which works on all working days from 08:00 AM to 04:30 PM.
- The Yoga Therapy OPD consists of Senior Medical Officer, Dietician, Yoga Experts.
- The needy people shall visit the SMO for consultancy then accordingly the Dietician, Yoga expert for suitable Yoga Therapy Programme.
- The OPD is attached with a Pathology/Bio-chemistry Lab.
- Yoga Therapy programmes of one hour each are conducted from 08:00 AM to 04:30 PM on all working days.
- **Individual Yoga Therapy Programme:** Individual Yoga Therapy session of maximum one hour duration is conducted from 10.00 AM to 4.00 PM on all working days.

Yoga Centres at Sports Authority of India (SAI) Stadia

Yoga Training Programmes and Courses are being conducted at the following SAI stadia under the auspices of Morarji Desai National Institute of Yoga, New Delhi w.e.f 1st August, 2016.

A.	Dr. Shyama Prasad Mukherjee Swimming Pool Complex, Talkatora Garden, New Delhi
B.	Major Dhyan Chand National Stadium, India Gate, New Delhi
C.	Indira Gandhi Stadium Complex, IP Estate, Near Raj Ghat, New Delhi
D.	Jawahar Lal Nehru Stadium, Bhishma Pitamah Marg, Lodhi Road, New Delhi

(Timings: 07:00 am to 10:30 am & 04:00 pm to 07:30 pm)

Yoga Training Programmes Outside the Institute

The Institute will arrange to provide Yoga Instructors to the Govt. / Private Organizations / RWAs interested in conducting Yoga Training Programme in their locality (only in Delhi and NCR). The Yoga instructors will be provided on part time basis. Interested organizations may contact the Institute for conducting Yoga training programmes in their nearby locality with necessary details.

Yoga Therapy Centres at AYUSH/Allopathy Hospitals

The Institute has established Yoga Therapy Centres in Delhi with the basic objective of main streaming Yoga in the existing health care system. These Centres are providing Yoga consultation and imparts Yoga Training and Therapy to the aspirants/patients in the following Hospitals:

1.	Vallabhbhai Patel Chest Institute, University of Delhi, North Campus, Delhi – 110007
2.	Rajan Babu Institute of Pulmonary Medicine and Tuberculosis, Dhaka colony, Kingsway Camp, Delhi – 110009
3.	National Institute of Tuberculosis and Respiratory Diseases, Sri Aurobindo Marg, New Delhi – 110095
4.	Institute of Human Behaviour and Allied Sciences, Jhilmil Colony, Dilshad Garden, Delhi – 110095

(Timings: from 09:00AM to 04:00 PM on all working days)

PREVENTIVE HEALTH CARE UNITS OF YOGA IN CGHS WELLNESS CENTRES IN DELHI AND NCR

MDNIY has established 19 Preventive Health Care Units of Yoga in CGHS Wellness Centres in Delhi and NCR. Regular Yoga training programmes are being held in these Units. However, only the CGHS card holders can avail this facility.

1. CGHS Wellness Centre, C Block, Janakpuri, New Delhi - 58
2. CGHS Wellness Centre, Sadiq Nagar, Siri Fort Road, New Delhi
3. CGHS Wellness Centre, New Police Line, Kingsway Camp, Delhi
4. CGHS Wellness Centre, R-55, Sector-11, Noida, Uttar Pradesh
5. CGHS Wellness Centre, Nangalraya, D Block, Janakpuri, New Delhi
6. CGHS Wellness Centre, Sadar Bazar, Delhi Cantt., New Delhi - 10
7. CGHS Wellness Centre, Near Harinagar Ghanta Ghar, New Delhi
8. CGHS Wellness Centre, M.B. Sector-1, Pushpa Vihar, New Delhi
9. CGHS Wellness Centre, Flat No. 647, 648, Krishi Kunj, Inder Puri, New Delhi
10. CGHS Wellness Centre, Palam Colony, Manglapuri, New Delhi
11. CGHS Wellness Centre, No. 68, Kamla Nehru Nagar, Ghaziabad, Uttar Pradesh
12. CGHS Wellness Centre, 23, Pusa Road, Karol Bagh, New Delhi
13. CGHS Wellness Centre, D-II/257. 259. Vinay Marg, New Delhi
14. CGHS Wellness Centre, R. K. Puram, Sector-6, New Delhi
15. CGHS Wellness Centre, Lajpat Nagar Market, New Delhi
16. CGHS Wellness Centre, Laxmibai Nagar, New Delhi
17. CGHS Wellness Centre (No. 68), Main Vikas Marg, Laxmi Nagar, Delhi
18. CGHS Wellness Centre, Mansarovar Park, Shahdara, Delhi - 32
19. CGHS Wellness Centre, Sector-IV, Pushp Vihar, New Delhi

(Timings: from 07:30 AM to 02:00 PM on all working days)

RESEARCH ACTIVITIES

SCIENTIFIC RESEARCH

The Institute is involved in conducting the fundamental as well as the Clinical Research related to Yoga. The Institute is having the basic infrastructure facility in terms of equipment and staff for the research on Yoga. It is proposed to take up collaborative research works with eminent Research Centres, Modern Medicine Hospitals and Yoga Centres of the country.

Philosophico-Literary Research: The Institute is also conducting Philosophico-Literary research work related to Yoga.

Collaborative Research: The Institute intend to conduct collaborative research projects in collaboration with Premier Medical Institution / Hospitals with a view to promote the research in Yoga with reference to specialized fields.

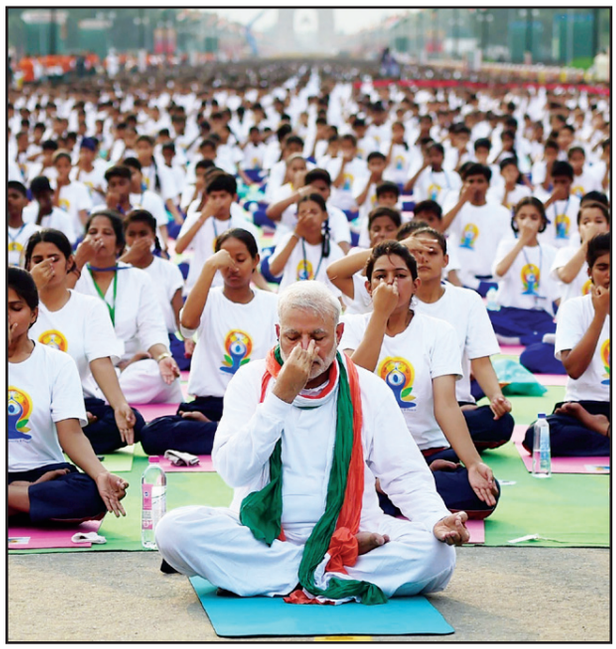
MDNIY has designated as WHO Collaborating Centre (WHOCC) in Traditional Medicine:

MDNIY has been designated as a collaborating centre for traditional medicine (YOGA) for 4 years (2013-14). The Institute has re-designated as collaborating centre for next four years (2017-2021) with the Terms of Reference (TOR) "to contribute to WHO's effort in promoting evidence based Yoga practice for managing Non-Communicable Diseases (NCDs)", under this we have to complete five activities.

YOGA PROMOTION ACTIVITIES

International Day Yoga (IDY)

Morarji Desai National Institute of Yoga is actively participating in International Day of Yoga on June 21.



Institute played a pivotal role in making the events a grand success. Common Yoga Protocol and Yoga DVD's for IDY were prepared by the Institute in consultation with eminent Yoga Experts and the officials of various Ministries, Govt. of India.

The International Yoga Fest

Morarji Desai National Institute of Yoga organises the International Yoga Fest (IYF), A Curtain Raiser for International Day of Yoga. The institute successfully organised two International Yoga Fests in 2016 & 2017. The IYF witnessed the auspicious presence of eminent Yoga Gurus like Shri Shri Ravishankar, Swami Baba Ramdev, Sadhguru Jaggi Vasudev, Dr. Pranav Pandya, Dr. H.R. Nagendra, Smt. Geeta Iyengar, Sh. O.P. Tiwari, Smt. Hansa Jayadeva, Swami Bharat Bhushan,

Swami Atmapriyananda, Swami Chidananda Muni, Yogacharya, Sh. S. Sridharan, Sister Shivani, Dr. M.V. Bhole, Swami Ritawan Bharati and many others from Yoga fraternity.

Bi-annual Seminars

Institute is going to organise two seminars in a year on specific themes related to Yoga and Allied Subjects to disseminate the knowledge to the Yoga Professionals.

Conferences and Workshops

The Institute organizes Conference / Workshops on regular basis in collaboration with eminent Yoga / Medical Institutes to disseminate and exchange the experiences of eminent Yogis, Yoga Therapists and Researchers, Scientists as well as Yoga aspirants. Month-end Workshops and Special lectures are also being arranged periodically.

Pancham Swar

The Institute organizes a bi-monthly socio-cultural programme called 'Pancham Swar' on the first Friday of every even month. This is to encourage the students and staff to participate in socio-cultural activities and also help them to build up healthy inter-personal relationship.

Publication & Propagation

The Institute brings out booklets, leaflets, informative brochures etc. on fundamental aspects of Yoga and Yogic practices as well as on different diseases for the benefit of common public. The Institute is also participating in National / International events like International Day of Yoga, International Yoga Fest, Health Exhibitions, Health Melas, Festivals, Seminars, Conferences etc. The Institute brings out quarterly newsletter, which contains activities and programmes of the Institute in brief. The Institute has also brought out some, books, booklets, IEC materials, Yoga charts, CDs, Calendars etc. for the benefit of general public.

2 About Admission Brochure

1) Admission Brochure

Through this brochure, the Institute invites application from eligible candidates for admissions to the **Diploma in Yoga Science (D.Y.Sc.) for Graduates** of one year duration for the academic session 2017-18.

2) Sale of Admission Brochure

The price of this Admission Brochure along with Application Form is Rs. 500/- (Rupees Five Hundred Only). The cost of Admission Brochure is non-refundable. No other fee is required to be submitted along with the Application Form.

(a) The Admission Brochure along with Application Form will be on sale from 18th July, 2017 on all working days during normal office hours (09:00 am to 05:30 pm) at Morarji Desai National Institute of Yoga, 68, Ashok Road, Near Gole Dak Khana, New Delhi – 110001

(b) Sale by Post: Admission Brochure along with Application Form (detachable) can also be obtained through registered / speed post. A request in this regard should be sent to Morarji Desai National Institute of Yoga, 68, Ashok Road, near Gole Dak Khana, New Delhi - 110001 along with the following:

- An application on plain paper, addressed to the **Director, Morarji Desai National Institute of Yoga,** requesting to issue **Admission Brochure 2017-18 for Diploma in Yoga Science (D.Y.Sc.).** The application should clearly mention the name and address of the applicant;
- A Demand Draft of Rs. 600/- (Rupees Six Hundred only) drawn in favour of **Morarji Desai National Institute of Yoga,** payable at Delhi. The name, address and phone number of the applicant should be clearly mentioned on the back side of the Demand Draft / Pay Order. Cheque will not be entertained.
- A self-addressed envelope of size not less than 24 cms × 30 cms.

Notes:

i) The request for Admission brochure must reach the Institute latest by 27th July 2017. The amount once remitted will not be refunded under any circumstances.

ii) The envelope of the application requesting for the issuance of Admission Brochure must be superscribed at the left-top corner as “Request for Admission Brochure 2017-18, Diploma in Yoga Science (D.Y.Sc.)”.

iii) The Institute will NOT be responsible for the delay, loss or damage, if any, (during the transit) of the Application / Demand Draft / Pay Order for issuance of Admission Brochure and for the Admission Brochure after it’s dispatched from the Institute.

3 Details of Programme: Diploma in Yoga Science (D.Y.Sc.) for Graduates

1. Title of the Course

The course shall be called "Diploma in Yoga Science" for Graduates.

2. Duration of the Course

The duration of the course shall be of one year comprising two semesters from August to January and February to July.

3. Need of Diploma Course in Yoga Science (D.Y.Sc.)

Yoga has attracted the attention of all sections of the society in recent years. The awareness about Yoga practices is increasing amongst people from different walks of life not only for preservation and promotion of health, but also for prevention and management of diseases. Keeping in view the time tested benefits of Yoga, it is felt that Yoga education should be imparted by adhering to classical knowledge so that people trained in Yoga can derive maximum benefits.

Many Yogic principles and techniques are now being applied in health care system. It has been found that there is a lack of sufficient qualified and well trained Yoga teachers/professionals and researchers in the field of Yoga. Morarji Desai National Institute of Yoga is being an eminent Institution in the field of Yoga in the country to provide and promote facilities for Training, Teaching and Research to fulfil the aspirations and demands of the people. There is an absolute need of well-trained Yoga Teachers to meet these objectives. Therefore, the Institute proposes Diploma in Yoga Science (D.Y.Sc.) for Graduates with the following objectives:

a) to develop personality of the learners at all levels.

b) to impart the knowledge of Yoga and Yoga practices to the aspirants.

c) to prepare well trained Yoga Instructors.

d) to prepare well trained institutionally qualified Yoga Instructors/Professionals to instruct Yoga at Secondary Schools, Pre-university, Colleges and Universities etc.

e) to create awareness about positive health and spiritual evolution.

f) to motivate graduates to take up Yoga as profession.

4. Syllabus

The syllabus is design to fulfil aforesaid objectives containing theory subjects in Yoga and allied subjects, practical and field training in Yoga.

5. Eligibility Conditions

i) A candidate possessing a Graduate degree (qualifying examination) in any discipline from a recognized University in India or abroad with minimum 50% of marks is eligible for admission to the Diploma in Yoga Science for Graduates. However, for SC/ST/OBC candidates it will be minimum 45% for eligibility to admission to the above Course. The above criteria also applies to the candidates applying under Special Category Seats.

ii) A candidate should be below 30 years of age as on 1st of August of the respective year, there is a relaxation of 10 years for in-service personnel (service on regular basis) who join the course on deputation through proper channel.

iii) A candidate should be medically fit. A Medical Fitness Certificate in this regard issued from the Medical Officer of the Institute shall be produced. Candidate suffering from any chronic disease/obese is advised not to seek admission to this course and such candidates will not be admitted to the course.

iv) If necessary, a candidate may be called for an interview by the Selection Committee.

v) In case of two or more candidates, securing equal percentage of marks at the bottom of the selection list, preference will be given to that candidate who is possessing degree/s in any Indian System of Medicine / Sanskrit / Philosophy / Psychology / Physiology / Diet and Nutrition respectively.

6. Number of Seats

Total number of seats is 120 for Indian Students. In addition to these, 12 Special Category Seats for students from Andaman & Nicobar Islands and Lakshadweep, North-East and J&K States, Sports Person/NCC/NSS, War Martyrs, Foreign Students and children of MDNIY employees as per details given below:

Total number of seats : 120

General Merit	60
OBC	33
SC	18
ST	09
Total	**120**

Special Category Seats : 12

Andaman & Nicobar and Lakshadweep Islands	02
North-East States	02
J&K State	01
Sports/NCC/NSS	02
War Martyrs	02
Foreign Students	02
MDNIY Staff Quota	01
Total	**12**

7. Age Limit

A candidate should be below 30 years of age as on 1st of August of the respective year, there is a relaxation of 10 years for in-service personnel (on regular basis) who join the course on deputation through proper channel.

8. Medium of Instruction:

Hindi / English

9. Admission Rules

An advertisement of the notification for calling applications for admission to Diploma in Yoga Science for Graduates of one year duration will be given in the leading national newspapers in the month of July with the following guidelines:

i) Application should be made on the prescribed form attached with the prospectus on payment of prescribed fees as mentioned in the admission notification. Application Form duly filled in all respect, supported by attested photo copies of all necessary documents should be enclosed.

ii) The application should be submitted on or before the prescribed last date only by hand or post. Application through fax/email or application received after due date shall not be considered. The Institute is not responsible for any postal delay.

iii) The candidates shall ensure the receipt of application by the Institute.

iv) The calendar of dates for admission procedure will be given with the prospectus. The provisional selection list will be displayed on the Notice Board and also on the website of the Institute. The applicants should contact the office or see the Institute's website for information about their selection. No postal/individual communication will be entertained in this regards.

v) Any ambiguity / erasures / unattested / cutting / false information / concealment of in formation detected in the requisite certificate, will summarily result in the cancellation of the candidature of the student at any stage of selection and/or during the course of study.

vi) The selection for Diploma in Yoga Science will be as per all India merit and reservation policy of Government of India in Central education and training Institute issued from time to time, which is 27% for OBC, 15% for SC and 7.5% of ST students at present.

vii) Director's decision shall be final in all the matters related to admission.

10. Selection Procedure

The selection will be on the basis of merit-cum-reservation at all India basis. The selection is further subjected to production of Medical Fitness Certificate. The selection list will be displayed on the Notice Board of the Institute and also on the Institute's website only.

In case, any student whose name appears in any of the selection list and is unable to deposit the requisite admission fee, his/her candidature will not be considered in the next list/s. However, their cases may be considered on priority basis on merit if any seats remain vacant only after the completion of admissions as per the selection of 2nd or 3rd list, provided there is a written request from the candidate in time. Decision of the Director, MDNIY shall be final in this regard.

11. Medical Test

There will be Medical Examination before a candidate is finally selected for admission in the course. Selection will be subject to medical examination which will be conducted at Institute at the cost of Rs. 50/-. The student will be permitted to submit other fees only after getting medical fitness Declaration Certificate from the Medical Officer of MDNIY as per Appendix-1.

12. Dress Code

The dress shall be white T-Shirt and trousers of selected colour (or as decided by the Institute) both for boys and girls which need to be purchased by the students on their own. Each candidate shall attend the Institute's formal classes and other functions only in the prescribed dress for Summer as well as in Winter Season with Institute's emblem thereon.

4 Submission of Application Form

A) Filling Up of Application Form

1) Application Form is enclosed as Appendix – 2

2) The applicants are advised to retain a photocopy of the duly filled-in Application Form before the same is submitted to the MDNIY.

B) Submission of Application Form

1. The Application From complete in all respects should be submitted by hand at the MDNIY Reception Counter in the sealed envelope OR it may be sent by Registered / Speed Post to the Director, Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi - 110001 to reach latest by 5 pm on 4th August, 2017.

2. After the last date is over, applications received through Registered / Speed Post or by any other means will not be accepted, irrespective of the fact when the form was despatched/ posted. Therefore, candidates are advised to submit their applications at the earliest, instead of waiting for the last date.

3. All the essential documents duly attested should be attached with the Application Form.

4. Write the complete address by giving your name and Pin Code carefully and legibly. Please note that this address will be used by the Institute for all the Correspondence in future. Therefore, it should be very clearly written with black ball point pen only. The Institute will not be responsible for any loss in transit or for incorrect address given by the applicant in the Application Form.

5 Counselling/Admission

1. All the admissions will be made through counselling. It will be conducted by the Institute as per the procedure prescribed in subsequent paragraphs, strictly on the basis of inter-se-merit of the qualified candidates.

2. Venue of Counselling

Morarji Desai National Institute of Yoga, 68, Ashok Road, near Gole Dak Khana, Opp Bangla Sahib Gurudwara, New Delhi – 110001

3. Schedule of Counselling / Admission Session:

a) Announcement of Merit List for 1st Counselling Session 8th August, 2017

b) 1st Counselling / Admission 9th, 10th& 11th August, 2017 (10 am to 4 pm)

c) Announcement of merit List for 2nd Counselling Session 12th August, 2017

d) 2nd Counselling / Admission 14th August, 2017 (10 am to 4 pm)

e) Dates for subsequent counselling/Admissions will be announced on Institute Notice Board and website from time to time if seats fall vacant after 2nd counselling.

4. Procedure for Admission through First Counselling:

a) Detailed schedule of first Counselling / Admission indicating the number of qualified candidates to be called for counselling will be displayed on the Institute's Website (www.yogamdniy.nic.in) and the Notice Board of the Institute as per schedule.

b) The candidates should report at the notified venue, date and time for counselling / admission in person along with the documents mentioned in Chapter 06. On reaching the venue, the candidates must mark the Attendance. Allotment of seats to the candidates will be made only when he/she attends the counselling session in person.

c) Firstly, the candidates will be called in order of merit and shall have to produce the original documents required for verification.

d) Admission Officer will give a duly signed Admission Slip after the deposition of the full fee by the candidate. No candidate should leave the venue of counselling without receiving the Admission Slip.

e) A candidate who fails to appear in person on the notified date and time for counselling, shall forfeit his/her claim for the seat which could be offered to him/her, he/she had been present on his/her turn. However, if the candidate reports late or reports on subsequent days during the process of counselling, he/she may be considered for allotment of a seat available at that point of time.

f) A candidate who is allotted a seat will be required to pay full fee as mentioned in Chapter 07 immediately on the spot at the time of counselling / admission. If a candidate fails to pay the fee, as mentioned above immediately after the seat is offered to him/her, the

offer will be withdrawn on the spot and the seat will be allotted to the next candidate in the merit list. Part payment or payment through cheque will not be accepted under any circumstances.

g) The candidates are also advised, in their own interest to check the details of fee, their name, rank/merit, program etc. on Admission Slip issued to him/her by the Admission Officer before leaving the counselling hall.

h) The conversion of seats reserved for SC, ST, OBC etc. to General Category shall be done only during the 2nd and subsequent counsellings and no such conversion will be done during the 1st counselling. However, while converting the seat during 2nd counselling, any unfilled seat(s) reserved for ST Category will be offered to SC Category and vice versa and only after completing this exercise, the conversion of the reserved category seats to general category shall be effected.

5. Admission though Second Counselling:

a) Detailed schedule of Second Counselling, depending upon the number of vacancies created on account of withdrawal(s) / any other reason(s), will be displayed as per schedule mentioned in point 3c of this chapter on the Institute Website (may visit Institute website for latest update regularly) as well as on the Notice Board of the Institute. The Second Counselling will be held at the same venue. No separate communication will be sent in this regard.

b) A candidate who fails to appear in person on the notified date and time for counselling, shall forfeit his/her claim for the seat which could be offered to him/her, he/she had been presented on his/her turn. However, if the candidate reports late during the process of counselling, he/she may be considered for allotment of a seat available at that point of time provided he/she had not taken admission earlier.

Note: A candidate, who has taken admission during 1st counselling and then he/she withdraws his/her admission shall not be considered for admission in 2nd counselling.

c) In case a candidate drops out after taking admission in the second counselling, his/her full fee will be forfeited. It is advised in the interest of the candidates to carefully decide to take admission in the second counselling only if he/she intends to pursue the program.

d) If any vacancy (ies) arise after second counselling due to any reason, the same shall be filled up as per the decision taken by the Admission Committee / Director.

e) The list of students on close of admissions after the second counselling (if necessary third counselling) shall be treated as final list of admissions and the same shall be displayed on the website of the MDNIY (www.yogamdniy.nic.in) and Notice Board.

f) The Academic Session would commence w.e.f. 16th August, 2017. All the candidates who get admission must report to the MDNIY on 16th August, 2017 at 07:00 am

Note: All candidates who have taken admission in the 1st/2nd counselling must report to the Institute on 16th August, 2017. Failure to report to Institute latest by 25th August, 2017, without permission from the Director of the institute may result in automatic cancellation of admission and seats will be allotted to the waiting list candidates.

6 Documents required at the time of Admission

Candidates selected for admission should bring the following original certificates/testimonials/ documents at the time of admission:

1. Date of birth (Matriculation Certificate Stating Date of Birth)
2. Qualification Certificates
3. All Mark – sheets of qualifying examinations
4. Caste Certificate, in case of reserved category
5. A Character Certificate preferably issued by the Institute previously studied.
6. 4 recent passport size photographs.

Admitted candidates must join classes on the due date, failing to join the classes within a week, the admission shall automatically be cancelled and such seats shall be offered to the candidates in the respective waiting list. The decision of the Director will be final in this regard.

The selected candidate shall have to give an Undertaking to the effect that he/she shall maintain proper discipline and decorum at all times at the Institute and shall abide by the rules and regulations of the course. All admissions are provisional subject to the verification of original documents and medical examination.

7 Fee Structure

PROPOSED FEE STRUCTURE

Sl. No.	Description	Semester - I		Semester - II		Remarks
		Other than SC/ST	SC/ST	Other than SC/ST	SC/ST	
1.	Admission Fee	500/-	250/-	-	-	At the time of Admission only
2.	Tuition Fee	10000/-	5000/-	10000/-	5000/-	-
3.	Library Fee	500/-	250/-	500/-	250/-	-
4.	Socio-cultural activity	500/-	250/-	500/-	250/-	-
5.	Medical Fee	500/-	250/-	500/-	250/-	
6.	Examination Fee	500/-	250/-	500/-	250/-	At the time of Examination
	Total	12500/ -	6250/-	12000/-	6000/-	
7.	Caution Money	2500*/-	2500*/-	-	-	-

*Caution Money is refundable without interest on completion of the course (conditions apply) or on discontinuation of the course with the approval of the Director.

Late Fee :

i) The fees are payable on prescribed dates notified by the Institute of each semester. In case the last day for payment of fees happens to be a holiday or a Sunday the fee shall be paid on the next working day. Late Payment attracts a fine of Rs. 100/- for the first 10 days and @ Rs. 10/- per day thereafter. If the payment of fees is not made within a month of it becoming due, the name of such students shall be removed from rolls.

ii) The fees once paid are not refundable. In case of discontinuation of study or removal due to non-payment of the dues for the half-year in advance or due to violation of any rules and regulations, the claim for the refund of the caution money shall stand forfeited and no representation shall be entertained.

iii) All fees are payable in Cash / Demand Draft / Bank Pay Order to be drawn in favour of Morarji Desai National Institute of Yoga, payable at New Delhi.

Identity Card:

The Institute will issue an Identity Card to each student, which they have to carry at all times while in the Institution. If the original is lost, a duplicate card can be issued against payment to Rs. 250/- and also on submission of an Indemnity Bond and a copy of the FIR lodged.

8 Reservation of Seats

1. Reservation

Reservation of seats is applicable as per Govt. policy in respect of SC/ST/OBC issued time to time. In case, reserved candidates belonging to SC/ST/OBC and other categories are not available, the seats will be filled up by candidates of general category on the basis of merit.

2. Special Category Seats

The intake capacity is 120 (GM-60, OBC-33, SC-18, ST-09). In addition to these, 12 Special Category Seats for students from Andaman & Nicobar and Lakshadweep Islands, North-East States, J&K, Sports Person/NCC/NSS, War Martyrs, Foreign Students and children of MDNIY regular employees as per details given below are reserved.

Details	No. of Seats
Andaman & Nicobar and Lakshadweep Islands	**02**
North-East States	**02**
Sports Person/NCC/NSS	**02**
War Martyrs	**02**
Foreign Students	**02**
J&K State	**01**
Children of MDNIY employees	**01**

3. Instructions for Reserved Category Candidates

A candidate belonging to reserved category while applying for admission in the course shall be required to submit a copy of the certificate to the effect that he/she belongs to SC/ST/OBC from the competent authority as listed below along with application form.

i) District Magistrate / Additional District Magistrate / Collector / Deputy Commissioner / Deputy Collector / 1st Class Stipendiary Magistrate / Sub-Divisional Magistrate / Taluka Magistrate / Executive Magistrate / Extra Assistant Commissioner.

ii) District Presidency Magistrate / Additional Chief Presidency Magistrate / Presidency Magistrate.

iii) Revenue Officer not below the rank of Tehsildar.

iv) Sub-Divisional Officer of the area where the candidate and his/her family resides.

v) Administrator / Secretary to the Administrator / Development Officer J&K, Lakshadweep and Minicoy Island.

vi) Any candidate submitting any wrong or false certificate by any fraudulent means shall be disqualified at any stage.

1. The required certificate(s) for reserved categories / classes will be essential at the time of the counselling / admission and no provisional admission shall be admissible for want of cast /category certificate from the local competent authority. Further, the caste / category certificate should invariably be in the name of candidate himself / herself and not in favour of respective parents / guardians.

2. In case of married woman applying to any course under reserved category has to produce the caste certificate in the name of herself. Certificate in the name of husband / mother / father is not acceptable.

3.1 **Andaman & Nicobar and Lakshadweep Islands, North-East States :** The candidature of the Andaman & Nicobar Islands & Lakshadweep and North-East States student has to be recommended and forwarded by the AYUSH/Health Department of concerned State/UT.

3.2 **War Martyrs :** Admission may be offered to the Children/ Widows of Officers and Men/ Women of the Armed Forces including Para-Military (CAPF) Personnel, in the following order of preference:

i) Dies in line of their duties, sacrifices his life for the nation.

ii) Widows/Wards of Defence/CAPF personnel killed in action/terrorist attack.

iii) Widows/Wards of Defence/CAPF personnel who died in peace time with death attributable to military service.

Certificate of Competent Authority needs to be enclosed for admission under para 3.2.

3.3 **Candidates from Jammu & Kashmir:** Candidates seeking admission under this category will be required to submit a state-domicile certificate in support of their claim of being from Jammu & Kashmir.

3.4 **Sports/NCC/NSS :**

i) Candidates seeking admission under sports category must have represented at International / National level and/or own medals at State/ Regional / University level competitions duly recognized by State/Sport Authority of India/AIU.

ii) N.C.C. cadets have to produce N.C.C. certificate"C" for admission.

iii) N.S.S. Volunteers, who have completed minimum two years as NSS Volunteer and attended two 10 days Special Camps/ or one National Integration Camp or Republic Day Camp.

Certificate of Competent Authority needs to be enclosed for admission under para 3.4.

3.5 **MDNIY Staff Quota :** Candidates seeking admission under staff quota will be required to submit a certificate from Director MDNIY about their employment.

9 Fellowship

Fellowship

A Fellowship of Rs. 8,000/- (Rs. Eight thousand) per month will be awarded to the following students : (Max. for 11 Months)

a) Andaman & Nicobar Islands and Lakshadweep – 2 students

b) North - East States – 2 students

i) However, the candidature of the above students has to be recommended and forwarded by the Health /AYUSH Department of the concerned State/ UT.

ii) Award of scholarship/fellowship to such selected students is also subjected to their regularity, requisite attendance (min. 80%) and discipline. They have to execute a bond paper as per the prescribed format in this regard.

The Institute does not have any provision for scholarships for foreign students. However, some scholarships are granted by the Govt. of India under various schemes. Students are advised to contact ICCR or the nearest Indian Mission for necessary information about these scholarships. Students may also consult the UNESCO handbook STUDY ABROAD which lists some scholarships and the addresses to which applications should be made.

10 Cash Prize and Hostel Stipend

Cash Prize

A cash prize of Rs. 25,000/- (Rs. Twenty Five Thousand Only) each will be awarded to 12 (GM-6, OBC-3, SC-2 & ST-1) Indian meritorious students based on the outstanding performance in both the semester examinations of the course. The details of the cash prize are as under:

a) General Merit - 6

b) OBC - 3

c) SC - 2

d) ST- 1

However, this will not be applicable for the students who got fellowship/s.

Hostel Stipend

The Institute will provide a Hostel stipend of maximum Rs. 5,000/- (Rs. Five Thousand Only) per month or as per actual, whichever is less, for outstation student (other than from NCT Delhi & 7 Towns of NCR (Faridabad, Gurgaon, Sonipat, Jhajhar, Ghaziabad, Noida and Baghpat)) taking admission in 'Diploma in Yoga Science for Graduates' to the maximum 24 students in a batch. (maximum 11 months). The admitted students shall be from the states other than NCT Delhi & 7 Towns of NCR (Faridabad, Gurgaon, Sonipat, Jhajhar, Ghaziabad, Noida and Baghpat).

I) The stipend for hiring accommodation will be provided to only such students who genuinely require hostel facilities and specifically move to Delhi / NCR only for studying in Diploma in Yoga Science (DYSc.) of MDNIY for this academic year.

II) They must be living in a room (and without any acquaintance/relative/friend) in a rented accommodation / hostel for the purpose of studying the said course only.

III) They should provide monthly rent receipts for all months & other necessary documents (a suitable document or evidences) giving details of their stay in hostel or rented accommodation.

IV) All students considered for stipend shall execute a bond along with the surety bond in this respect in the prescribed format.

V) While awarding Hostel stipend the attendance, the discipline, successful completion of each unit tests and each semester examinations will be considered.

VI) If any students failed to pass the first semester, their Hostel Stipend will be stopped for the Second Semester.

VII) In case of non-completion of the course successfully, the entire amount of stipend along with Interest (as per rule) will be recovered from the student concerned or their sureties.

VIII) The stipend provided to hire the accommodation is not the right and the decision of the competent authority of MDNIY is final in the matter.

Note: The Director's decision will be final in all the matters related to Cash Prize and Hostel facilities.

11 Admission Procedure for Foreign Students

Generic guidelines for admission of international students:

i) The International Student will require a student visa endorsed to this Institution for joining the course. No other endorsement is acceptable.

ii) Only those students who have qualified from foreign Universities or Boards of Higher Education, recognized as equivalent by the Association of Indian Universities (AIU) are eligible for admission. Therefore, an equivalence certificate from AIU has to be produced by the candidate.

iii) A student wishing to join the course may download the application form and prospectus from the Institute's website. The application duly completed in all respect for provisional admission to the course has to be submitted to the Institute. The Institute will check the eligibility, if found eligible, the candidate may be considered for the provisional selection. After verification of the documents, the student will have to go through requisite Medical Examination in the Institute. However, as per the Govt. of India rules, all International students entering India on Student Visa have to be tested for HIV and will not be given admission if found positive. The foreign students shall have to undergo HIV test at their own cost from any recognized hospital/centers. On declaring "Medically Fit" in the Medical Examination and HIV (negative), the student shall submit requisite admission fee and may get enrolled for Provisional Admission.

iv) On provisional admission, the Institute will issue a Provisional Admission letter. This is required to get the student visa and to complete other formalities. The student should then report for final admission to the Institute to join the course on production of original copy of Student Visa.

v) The rules, regulations, discipline etc. for the foreign students during the course will remain same as it is mentioned for the Indian students.

vi) Due to any reason, if foreign candidate is not available, the seats will remain vacant. However, Director's decision will be final in this regard.

12 Examination Rules

i) There will be two semesters from August to January and February to July. Final examination will be conducted in the last month of each semester i.e. during the months of January and July respectively. The results will be declared accordingly on the basis of the performance in both the semesters.

ii) A student failing in any subject/s in the first semester will be allowed to take admission to the second semester. However, his/her final results will be declared only after passing both the semesters.

iii) A student failing in one or more theory / practical paper/s is allowed to reappear for those paper/s in which he/she has failed. He/she need not to reappear for the papers in which he/she has already passed.

iv) A supplementary examination will be conducted for each semester within three months of announcement of the final results. A student will be given maximum three chances (including both the main and a supplementary) to get pass in the examination of each semester. A fee of Rs. 250/- per subject will be charged for supplementary examination.

v) Re-evaluation in practical examination is not allowed. The theory answer books are recounted just to ensure that all the questions attempted by the candidate have been evaluated or not, that the marks awarded have been totalled up correctly or not, and that the total marks have been correctly carried over to statement of marks or not.

vi) Fee chargeable for recounting of the answer book is Rs. 250/- per subject and should be deposited personally in the office on working days.

vii) The candidate is required to produce a photocopy of his/her current Admit Card and Marks Sheet issued along with application form for Re-evaluation and also attach self-addressed envelope of 9 “X4” size with postal stamp of Rs. 10/- affixed thereon.

viii) There will be two unit tests in each Semester. The marks obtained in these unit tests will be considered for internal assessment marks as prescribed in the syllabus.

ix) Students are required to attend 80% of the total classes conducted during each semester (both theory & practical separately). Those students whose attendance is below 80% shall not be eligible to appear in the examination. However, maximum 5% attendance will be condoned on medical ground on production of Medical Certificate by competent authority or at the discretion of Director on valid reasons.

x) As a part of the curriculum, there will be a compulsory Field Work to organize Yoga Training Camp / Workshop(s) of one month duration after completion of syllabus of the II-Semester. Students shall submit the field work report within two weeks of completion of Yoga Camps. The final results of D.Y.Sc. will be declared only after successful completion and evaluation of the field work report submitted by the students.

xi) Any student found indulging in any unfair or unethical practice during examination, he/she shall be barred from the course.

xii) Final examination results shall be displayed on the Notice Board of the Institute.

xiii) The decision of the Board of Examiners / Director, MDNIY shall be final in all the matters related to examination.

RESULT

Minimum marks to Pass

40% of marks in each theory and practical papers.

AWARD OF CLASS:

Pass Class

40% and above and below 50% in aggregate

Second Class

50% and above and below 60% in aggregate

First Class

60% and above and below 80% in aggregate

First Class with Distinction

80% and above in aggregate

AWARD OF DIPLOMA

On completion of the course, a Certificate of **"Diploma in Yoga Science"** for **Graduates** will be awarded to those candidates who are successful in both theory and practical examinations of both the Semesters.

13 Rules & Regulations

i) Mere applying for admission to the course does not refer or confer any right upon the candidate to be selected. No TA/DA shallbe paid to the candidates for appearing counselling session for admission to the course.

ii) Canvassing in any form will disqualify the candidate for admission.

iii) No interim correspondence shall be entertained until admission.

iv) Morarji Desai National Institute of Yoga (MDNIY) owns no responsibility for providing employment.

v) Irregular attendance, habitual idleness, disobedience or unbecoming conduct in the premises will render a student liable not to continue the course and his/her name shall be removed from the roll after prior notice.

vi) Use of Cell Phones by the students during class hours (both Theory and Practical) is strictly forbidden. If found, strict action shall be taken against the students.

vii) The student's concerned shall compensate any damage caused to the property of the Institute.

viii) Students are responsible for the loss or damage of books, equipments, tools and instruments used by them and necessary deductions will be made from the caution money deposited by them.

ix) Student shall behave themselves in such a manner that it shall not disturb peace and tranquillity of any other student, teacher etc.

x) Absence from any activity of the scheduled program will be treated as a gross breach of discipline.

xi) MDNIY shall take no responsibility during the course for any injury sustained by the student through all precautions will be taken to prevent accidents.

xii) Permission for leave or absence from classes must be taken in writing from the Course Teacher / Co-ordinator / Director in advance. In case of illness, a Medical Certificate may be submitted in time as per guidelines.

xiii) No Union / Association shall be formed by the students.

xiv) Students should not visit the Staff Faculties / Members during class hours.

xv) Students should keep in mind that they are here not merely to study the ancient discipline of Yoga, but also apply the same discipline and lifestyle to themselves.

xvi) The Director's decision will be final in all matters related to discipline and smooth conduct of the course.

xvii) Following are strictly forbidden / prohibited within the Institute.

a) Possession or use of alcoholic drinks / beverages.

b) Possession or use of addictive or Hallucinogenic drugs.

c) Psychotropic drugs.

d) Smoking & chewing tobacco / Gutka Pouch / Chewing gum etc.

e) Gambling / Playing cards or games involving money or other valuables or other articles.

f) Use of cell phone during the class hours or possession of fire arms or any lethal weapon.

g) Ragging / teasing / harassment in any form is prohibited and punishable.

xviii) Students must attend Yoga practical classes in the morning daily; they must come empty stomach and carry their breakfast to be taken after practical class (MDNIY canteen is also available).

xix) MDNIY shall observe all the Gazetted Holidays.

xx) A vacation of 15 days will be observed in each semester & the dates will be announced by the Institute from time to time.

xxi) During second Semester a tour to the leading Yoga Institutes / Centres of the country may be arranged as per the demand by the Students. The cost of the tour shall be borne by the students.

xxii) The students shall be required to follow the rules and regulations prescribed in the syllabus and also amended / framed by the Morarji Desai National Institute of Yoga for improvement in the quality of teaching, training and discipline, from time to time.

xxiii) In case of any dispute, the case will be dealt under jurisdiction of Delhi Courts only.

xxiv) All valuables money shall be properly secured by the students. The Institute will not be responsible for loss of any valuables/cash.

xxv) Any unidentifiable objects in and around the Institute's should not be touched but immediately report to the available officers / officials for remedial action.

xxvi) MDNIY reserves the right to change, delete, alter and add any of the rules and regulations as and when necessary, without prior notice.

Refund of Caution Money

Only on production of original receipt issued at the time of admission, original I-Card and No Dues within a time limit of one year after completion of the course.

Conclusion: Adoption of Way Of life After the Course

The Institute is founded for those, who want to selflessly serve humanity on the moral and spiritual grounds. Hence, persons having political or economic ambitions are advised to refrain from seeking admission here. However, those who feel that they have a call to strive for the spiritual upliftment of humanity are earnestly invited to join.

Appendix – I

MEDICAL CERTIFICATE**

I certify that I have carefully examined Shri / Km /Smt.*.....
son/ daughter/ wife of Shri/Smt.*.....
whose signature is given below. Based on the examination, I certify that he/she is in good mental and physical health and is free from any physical defects which may interfere with his/her studies including the performance of different Yogic practices required of a professional.

Visible Mark of Identification .....

Signature of the Candidate .....

Place :

Date :

Name & Signature of the
Medical Officer with Seal

.....

*Strike whichever is not applicable.

** To be signed by a Registered Medical Practitioner holding a Medical degree.

Photo Gallery

Programmes of Morarji Desai National Institute of Yoga (MDNIY)

Course/ Programme	Duration	Timings	Eligibility	Intake	Fees
Educational Programmes					
B.Sc (Yoga Science) affiliated to Guru Gobind Singh Indraprastha University, Sector-16, Dwarka, New Delhi	3 years, comprising six semesters	7.00 am to 3.00 pm on all working days	Pass in 12th class of 10+2 of CBSE with Science (Physics, Chemistry and Biology) with 50% marks	60	22, 000/-per annum + 5000 as caution money as one time which is refundable
Diploma in Yoga Science (DYSc.) for graduates	1 year comprising 2 semesters (Aug. to Jan. and Feb. to July)	Full Time 7:00 am to 3:00 pm on all working days	Any Graduate with 50% of marks; below 30 years of age as on 1st of August	120+12 = 132 Candidates	Rs. 12,500/- per Semester +2500 as caution money
Certificate Course in Yoga Science for Special Interest Groups	4 months	10 am to 5:30 pm from Monday to Friday and 7 am to 11 am on Saturday	On the Government invitation/deputation	Max 100 Candidates In a batch	----
Yoga Training Courses					
Foundation Course in Yoga Science for Wellness (FCYScW)	1 month	7:00 am to 9:00 am 3:30 pm to 5:30 pm	Matriculation examination from a recognised Board or its equivalent	Max 50 Candidates In a batch	Rs.1,000/- +500 as course material & workshop per month
Certificate in Yogasana for Health Promotion	3 months	3 hours on alternate days from 4.30 pm to 7.30 pm	Passed at least 10+2 examination from a recognized Board or its equivalent	Max 50 Candidates In a batch	Rs. 6,000/- +500 as course material & workshop
Certificate in Pranayama and Meditation for Health Promotion	3 month	3 hours on alternate days from 4.30 pm to 7.30 pm	Passed at least 10+2 examination from a recognized Board or its equivalent	Max 50 Candidates In a batch	Rs. 6,000/- +500 as course material & workshop
Advance Yoga Sadhana	6 month	5:30 pm to 7:30 pm	Successfully completed CCY & CCPM from MDNIY	Max 50	Rs. 12000/-
Health Promotion & Yoga Therapy Programmes					
Yoga OPD		8:00 am to 4:30 pm	For All Age Group		Rs.25/-
Health Promotion Programe (HPP)	1 month	6:00 am to 7:00 am 7:00 am to 8:00 am 8:00 am to 9:00 am 4:30 pm to 5:30 pm 5:30 pm to 6:30 pm 6:30 pm to 7:30 pm	Open for all Except Chronic Patient	50 Candidates In a batch	Rs 500/- per month
Yoga Therapy Programmes	1 month	9:00 am to 10.00 am 10.00 am to 11.00 am 11.00 am to 12.00 Noon 12.00 Noon to 1.00 pm 2:00 pm to 3:00 pm 3:00 pm to 4:00 pm	For patients	30 Candidates in a batch	Rs 500/- per month
Individual Special Yoga Therapy sessions	45 minutes to 1 hour	10.00am to 4.00 pm	do		Rs 100/- per session
Saturday Yoga Training Programme	Only on Saturday	6:30 am to 11:00 am	Open for all	50 Candidates in a batch	Rs. 500/- per month
Yoga Workshop for Children (YWC)	1 month (May-June)	7:00 am to 9:00 am	For Children	-----	Rs 500/- per month
Yoga Workshop for Stress Management					
Stress Management Workshop	15 Hrs. Programme in Weekends	–	Admission by request of Organization	–	Rs. 500/-

Procedure to Register for Different Yoga Training & Therapy Programmes:

1. Obtain registration form from the Registration Counter by paying requisite registration fee (Rs. 25/-).
2. Fill up the form and consult the Senior Medical Officer (SMO) / Yoga physician. He may suggest some Laboratory tests, which shall be done by the Institute Laboratory.
3. On diagnosis by the SMO/Yoga Physician, consult the Dietician.
4. Then consult the Yoga Expert, seeking advice for specified Yoga programme.
5. Depending upon the programme prescribed by the Yoga Expert, pay the requisite amount of fee in the Registration Counter and get the Registration card.
6. To get a registration card one need to submit a residential proof. In case of a foreigner, they need to produce a copy of the passport / Visa details.

Note:-

i) The programmes, fees and timings etc. are subject to change from time to time without any prior notice.

ii) The decision of the Director of the Institute is final in all the matters related to the admission and conduct of the said programmes.

iii) Jurisdiction of Courts: Any dispute in regard to any matter referred to herein will be subject to the Courts of Delhi only.

iv) For course details, please visit our website: **www.yogamdniy.nic.in,or contact us at 011-23730417-18, 23351099.**

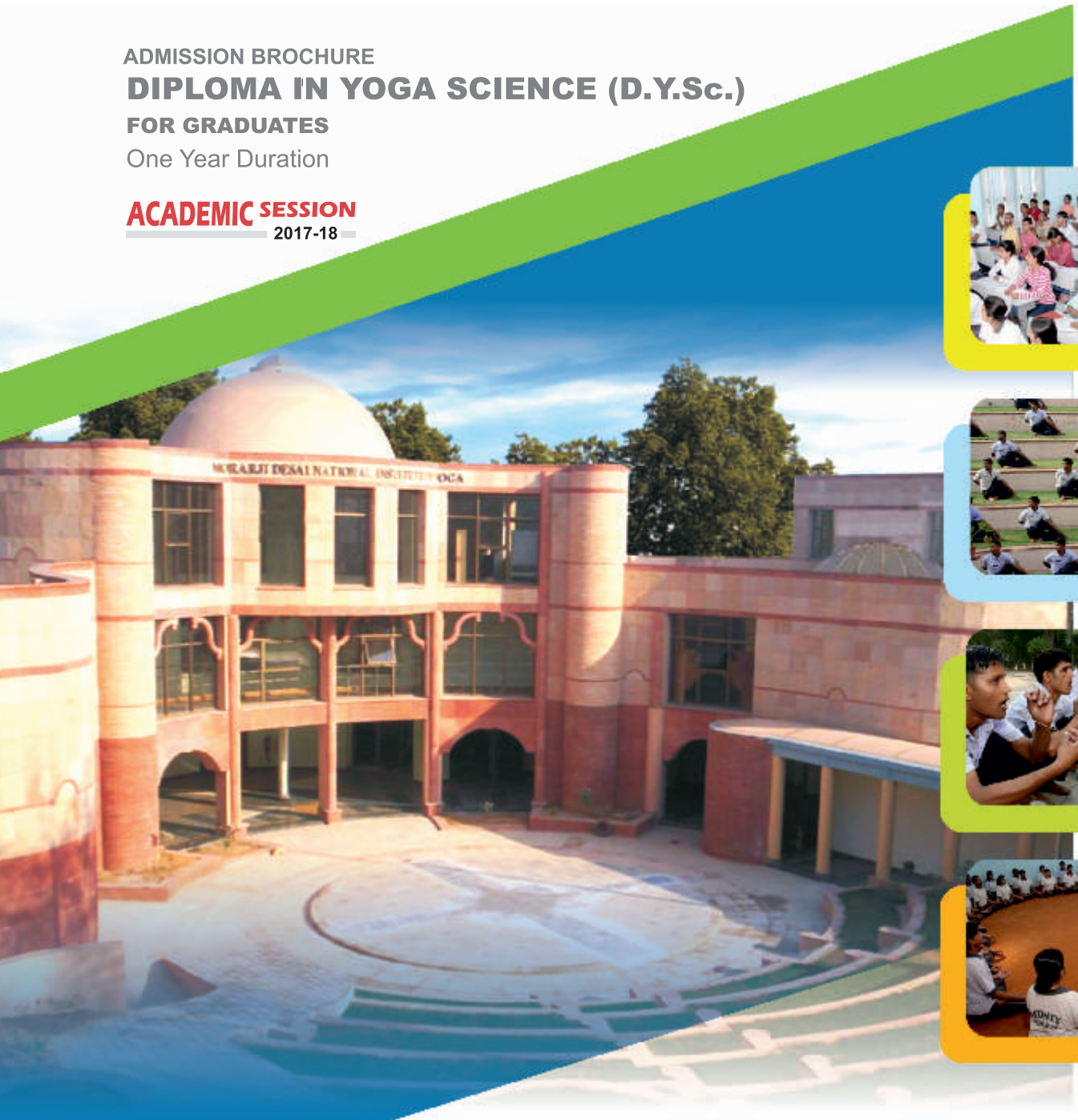
ADMISSION BROCHURE

DIPLOMA IN YOGA SCIENCE (D.Y.Sc.)

FOR GRADUATES

One Year Duration

ACADEMIC SESSION 2017-18



For further information please contact :

Director

Morarji Desai National Institute of Yoga

Ministry of AYUSH, Government of India

68, Ashok Road, Near Gole Dak Khana, New Delhi-110001

Ph: 011-23730417-18, 23351099, Telefax: 011-23711657

Email: mdniy@yahoo.co.in Website: yogamdniy.nic.in

Yoga for Harmony & Peace

PLEASE ENSURE TO COLLECT SEPARATE APPLICATION FORM

Price: ₹ 500/- (Inclusive of Application Form)