MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(An autonomous organization under Ministry of AYUSH, Govt. of India)
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F.No.72/02/2018-19/03/AYS

Date: 18.06.2018

ADMISSION NOTICE
ADVANCED YOGA SADHNA

Applications are invited for admission to the Advance Yoga Sadhna from July to September, 2018 at Morarji Desai National Institute of Yoga.

Sl. No.	Name of the Yoga Programme	Duration	Days	Timings	Admission Fee	Intake Capacity
01.	Advanced Yoga Sadhana	03 Months	Monday to Friday	05:30 pm to 07:30 pm	Rs. 6,500/-	Maximum 50 Candidates

Eligibility:

1. A Candidate who have completed Certificate Course in Yogasana and Certificate Course in Pranayama & Meditation of MDNIY.
2. A Candidate must be healthy and fit, the admission is subject to medical fitness.
3. The candidate has to perform some certain asanas for their admission to the course i.e Trikonasana, Parshvakonasana, Paschimottanasana, Ushtrasana, Ardha-matsayendrasana, Dhanurasana, Sarvangasana, Nadi Shodhan Pranayama and Kalapbhati (60 strokes per minute).

Admission Procedure:-

i. The Candidates who are overweight, underweight, suffering from Chronic Disorders, Cardio-vascular Disorders and Hypertension are not permitted to join the course.

ii. The Application Form of Rs. 25/- shall be obtained from the Registration Counter of MDNIY and fees of Rs. 6,500/- to be deposited at the time of admission.

iii. All the eligible candidates should report for the Counselling-cum-admission on 27th June 2018 between 02:00 pm to 04:00 pm at MDNIY.

iv. All the candidates after receiving the application form of Rs. 25/- should report to Smt. Seema Sagar, and Ms. Neetu for demonstrating certain asanas mentioned at S.No. 3, as per eligibility of the candidate in the course.

v. The candidate must submit the duly filled in application form along with copy of CCY and CCPM certificate, Photo Identity Proof and Two Passport Size Photographs and also the original documents for verifying the submitted documents.

vi. Only those eligible candidates who demonstrate asasans will be admitted to the course. The classes will begin from 02nd July 2018 in Class Room No. 01 (in the basement).

vii. Minimum 80% attendance is essential by the candidate during the course in order to get the participation certificate.

Dy. Director

Copy to:-

1. Dy. Director (F&A)
2. Teaching Departments
3. General Administration Section
4. Accounts Section
5. TO-cum-Receptionist
6. Registration Counter
7. Director's Office
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