

B.Sc. (Yoga)

- The course is designed to impart the knowledge, skills and techniques of Yoga to enable the students to become an institutionally qualified Yoga professional. It is a full time regular course of 3 years duration, comprising of 6 semesters.
- This course is affiliated to Guru Gobind Singh Indraprastha University (GGSIPU), Dwarka, New Delhi.

Eligibility:

- Pass in 12th Class of 10+2 pattern of CBSE or equivalent with Science) with a minimum aggregate of 50% marks in Physics, Chemistry, Biology provided that the candidate has passed in each subject separately.

Intake Capacity: 30

Duration: The duration of the programme will be 3 years (06 semesters)