

CONTINUING MEDICAL EDUCATION (CME)

for

YOGA INSTRUCTORS/THERAPIST

at



Morarji Desai National Institute of Yoga

Ministry of AYUSH, Government of India

68, Ashok Road, New Delhi 110001

from

06th September to 11th September 2021

(06 days)

Registration close 20th August 2021

For more details please visit our website

<http://www.yogamdniy.nic.in>

INVITATION

Dear all,

We heartily invite you to join the

“Continuing Medical Education (06 day) for Yoga Instructors/Therapist”

Morarji Desai National Institute of Yoga, (MDNIY) is an autonomous organization under Ministry of AYUSH, Government of India. MDNIY is a focal Institute for Planning, Training, Promotion and Coordination of Yoga Education, Training, Therapy and Research in all its aspects. The Vision of the Institute is Health, Harmony and Happiness for all through Yoga. MDNIY conducts B,Sc (Yoga), Diploma in Yoga science for graduates of one year courses. Institute conducts Certificate Courses for Special Interest Group such as Paramilitary Forces and Delhi Police. The Institute also conducts training courses viz. Foundation, Certificate Courses and Advance Yoga Sadhna. MDNIY has its own NABH Accredited OPD for therapeutic treatment through yoga. The Institute has been designated as a WHO-Collaborative Centre for Traditional Medicine (Yoga). The Institute organizes annual International Yoga Fest a curtain raise for International Day of Yoga (IDY), to popularize, promote and educate Yoga to more peoples. MDNIY also plays a pivotal role in International Day Yoga to popularize and promote Yoga among the people.

It is our pleasure to inform you that MDNIY is going to organize a **“Continuing Medical Education (06 day) for Yoga Instructors/Therapist”** from 06th September to 11th September 2021. We have planned an extensive Philosophical, Scientific and Practical programme with deliberations from eminent speakers from all over India. We hope the CME shall provide a platform to re-energize & re-charge neurons & revitalize academic knowledge of the participants.

Looking forward to your active participation.

Purpose of CME:

- To encourage Yoga Instructors/Therapist to undergo need-based professional orientation and professional skill development in an organized manner.
- To upgrade the professional knowledge of Yoga Instructors/Therapist to adopt effective teaching practices and good clinical practices respectively
- To encourage the use of Information Technology and web – based educational programmes for widespread dissemination of Yoga among professional.
- To provide information to Yoga instructors/therapist regarding scientific journals recently published books to keep them professionally updated.

Topics to be covered in this CME:

- Textual knowledge of Yoga
- Yogic practices and Wellness
- Teaching methods
- Therapeutic aspects of yoga
- Recent scientific research

Who can attend the CME?

- Yoga instructors/therapist working in the universities, colleges, hospital, therapy centers and institutes etc.

Facilities for the selected applicants?

- Travel expenses, Boarding and Lodging charges will be provided to applicants (as per the AYUSH – CME Guidelines).

Registration

- Hard Copy registration form along with attached requisite documents (Self attested) and two passport size photo (Name behind) in sealed envelope subscribing “APPLICATION OF CME” must reach on or before 20.08.2021 to the following address.

To

The Administrative Officer,

Morarji Desai National Institute of Yoga,

68, Ashok Road, Near GoleDakKhana, New Delhi – 110001.

Keep in Mind

- Kindly note that your application is not a confirmation of your registration. If you get selected the Institute will send you a confirmation email regarding your registration. Accordingly you are advised to book your ticket etc.
- All participants and trainers of this programme must follow Covid-19 guidelines by central / state government.



MORARJI DESAI NATIONAL INSTITUTE OF YOGA

Ministry of AYUSH, Govt. of India

68, Ashok Road, New Delhi – 110 001

APPLICATION FORM

Sr. No.....

For enrollment to

Continuing Medical Education (06 day) for Yoga instructors / therapist

Affix attested
recent passport
Size photograph.
Please attach
four photographs
with this form.

1. Name (in capital letters) : _____
2. Father's / Husband's Name : _____
3. Mother's Name : _____
4. Date of Birth : _____
5. Age as on 20th January 2019 : ____ Years. ____ Months ____ Days__
6. Sex (M/F) : _____
7. Nationality : _____
8. Adhar No (Attach Copy) : _____
9. Present Post hold : _____
10. Pay Band, Basic Pay and Grade Pay : _____
11. Name of the Univ./College/Inst./Others : _____
12. Last CME attended on (Date & Subject) : _____
13. Total CME attended : _____
14. Marital Status : _____
15. Blood Group : _____
16. Complete Correspondence Address : _____
(Along with postal pin code) _____
17. Permanent Address : _____

18. Mobile No.(Preferably Whatsapp) : _____
19. Email address (in capital letters) : _____

20. Details of Educational Qualification: please enclose self-attested photocopies of the certificates.
(From Graduation and above)

Name of the Passed Exam	Board / Univ.	Year of Passing	Division & % of marks	Subjects

CERTIFICATE

This is certified that the information furnished above is true to the best of my knowledge and belief and that nothing has been concealed or misrepresented. This is also certify that I am not suffering from any acute/chronic/communicable diseases.

Date:

Place:

Signature of the Candidate

ENDORSEMENT BY COMPETENT AUTHORITY

This is certified that Mr/Miss/Mrs/Dr..... is working as Yoga instructor/therapist as regular / full time/ contractual/ guest/ part time employee in this University /College / Institute/ hospital / therapy centre..... His/her last withdrawn salary is He / She is permitted to attend the Continuing Medical Education (06 day) conducted by MDNIY from 06.09.2021 to 11.09.2021.

Date:

Place:

Signature with Seal

(HOD for Universities, Principals for Colleges,
Director for Institutes, Other competent authority)

INSTRUCTIONS

1. Application should be submitted at Morarji Desai National Institute of Yoga, 68, Ashok Road, Near Gole Dak Khana New Delhi-110001.
2. Candidate will have to abide by the rules and regulations of the Institute while undertaking the Programme.
3. Candidates must follow Covid – 19 guidelines issued by Central/State Government.
4. Mere applying for the programme shall not confer any right upon the candidate to be selected.

(FOR OFFICE USE ONLY)

Selected / Not Selected

Enrolment No.....

Date.....