

# **CONTINUING MEDICAL EDUCATION (CME)**

*for*

## **YOGA TEACHERS**

*at*



**Morarji Desai National Institute of Yoga**

**Ministry of AYUSH, Government of India**

68, Ashok Road, New Delhi 110001

*from*

18<sup>th</sup> to 23<sup>rd</sup> February 2019

(06 days)

**Registration close 01.02.19**

For more details please visit our website

<http://www.yogamdniy.nic.in>

# INVITATION

Dear all,

We heartily invite you to join the

## **“Continuing Medical Education (06 day) for Yoga Teachers”**

Morarji Desai National Institute of Yoga, (MDNIY) is an autonomous organization under Ministry of AYUSH, Government of India. MDNIY is a focal Institute for Planning, Training, Promotion and Coordination of Yoga Education, Training, Therapy and Research in all its aspects. The Vision of the Institute is Health, Harmony and Happiness for all through Yoga. MDNIY conducts B,Sc (Yoga), Diploma in Yoga science for graduates of one year courses. Institute conducts Certificate Courses for Special Interest Group such as Paramilitary Forces and Delhi Police. The Institute also conducts training courses viz. Foundation, Certificate Courses and Advance Yoga Sadhna. MDNIY has its own NABH Accredited OPD for therapeutic treatment through yoga. The Institute has been designated as a WHO-Collaborative Centre for Traditional Medicine (Yoga). The Institute organizes annual International Yoga Fest a curtain raise for International Day of Yoga (IDY), to popularize, promote and educate Yoga to more peoples. MDNIY also plays a pivotal role in International Day Yoga to popularize and promote Yoga among the people.

It is our pleasure to inform you that MDNIY is going to organize a **“Continuing Medical Education (06 day) on Yoga Teachers”** from 18<sup>th</sup> February, 2019 to 23<sup>rd</sup> February 2019. We have planned an extensive Philosophical, Scientific and Practical programme with deliberations from eminent speakers from all over India. We hope the CME shall provide a platform to re-energize & re-charge neurons & revitalize academic knowledge of the participants.

Looking forward to your active participation.

MDNIY

**Purpose of CME:**

- To encourage Yoga teachers to undergo need-based professional orientation and professional skill development in an organized manner.
- To upgrade the professional knowledge of teachers to adopt effective teaching practices and good clinical practices respectively
- To encourage the use of Information Technology and web – based educational programmes for widespread dissemination of Yoga among teachers.
- To provide information to Yoga teachers regarding professional journals to keep them professionally updated.

**Topics to be covered in this CME:**

- Textual knowledge of Yoga
- Yogic practices and Wellness
- Teaching methods
- Evaluation methods
- Therapeutic aspects of yoga

**Who can attend the CME?**

- Yoga teachers mainly Lecturer, Assistant Professor, Associate Professor, Yoga instructors, Research scholars, Junior level Yoga research scientist and Yoga therapists working in the universities, colleges and institutes of national repute.

**Facilities for the selected applicants?**

- Travel expenses, Boarding and Lodging charges will be provided to applicants (as per the AYUSH – CME Guidelines).

## **Registration**

- Hard Copy registration form along with attached requisite documents (Self attested) and two passport size photo (Name behind) in sealed envelope subscribing “APPLICATION OF CME” must reach on or before 01.02.19 to the following address.

To

The Director,

Morarji Desai National Institute of Yoga,

68, Ashok Road, Near GoleDakKhana, New Delhi – 110001.

- Kindly note that your application is not a confirmation of your registration. If you get selected the Institute we will send you a confirmation email regarding your registration. Accordingly you are advised to book your ticket etc.



# MORARJI DESAI NATIONAL INSTITUTE OF YOGA

Ministry of AYUSH, Govt. of India

68, Ashok Road, New Delhi – 110 001

## APPLICATION FORM

Sr. No.....

For enrollment to

### **Continuing Medical Education (06 day) for Yoga teachers**

Affix attested  
recent passport  
Size photograph

1. Name (in capital letters) : \_\_\_\_\_
2. Father's / Husband's Name : \_\_\_\_\_
3. Mother's Name : \_\_\_\_\_
4. Date of Birth : \_\_\_\_\_
5. Age as on 20<sup>th</sup> January 2019 : \_\_\_\_ Years. \_\_\_\_ Months \_\_\_\_ Days\_\_
6. Sex (M/F) : \_\_\_\_\_
7. Nationality : \_\_\_\_\_
8. Adhar No (Attach Copy) : \_\_\_\_\_
9. Present Post hold : \_\_\_\_\_
10. Name of the Univ./College/Institute : \_\_\_\_\_
11. Last CME attended on (Date & Subject) : \_\_\_\_\_
12. Total CME attended : \_\_\_\_\_
13. Marital Status : \_\_\_\_\_
14. Blood Group : \_\_\_\_\_
15. Complete Correspondence Address : \_\_\_\_\_  
(Along with postal pin code) \_\_\_\_\_
16. Permanent Address : \_\_\_\_\_  
\_\_\_\_\_
17. Mobile No.(Preferably Whatsapp) :
18. Email address (in capital letters) :

**19. Details of Educational Qualification:** please enclose self-attested photocopies of the certificates.  
(From Graduation and above)

Name of the Passed Exam	Board / Univ.	Year of Passing	Division & % of marks	Subjects

**CERTIFICATE**

This is certified that the information furnished above is true to the best of my knowledge and belief and that nothing has been concealed or misrepresented. This is also certify that I am not suffering from any acute/chronic/communicable diseases.

Date:

Place:

**Signature of the Candidate**

**ENDORSEMENT BY COMPETENT AUTHORITY**

This is certified that Mr/Miss/Mrs/Dr..... is working as ..... in this University/College/Institute. He / She is permitted to attend the Continuing Medical Education (06 day) for Yoga teachers conducted by MDNIY.

Date:

Place:

**Signature with Seal**

(HOD for Universities, Principles for Colleges, Director for Institutes)

**INSTRUCTIONS**

1. Application should be submitted at Morarji Desai National Institute of Yoga, 68, Ashok Road, Near Gole DakKhana New Delhi-110001.
2. Attach Adhar card, Educational qualification certificates (self attested), Two passport size photograph (name behind).
3. Candidate will have to abide by the rules and regulations of the Institute while undertaking the Programme.
4. Mere applying for the programme shall not confer any right upon the candidate to be selected.

-----  
**(FOR OFFICE USE ONLY)**

**Selected / Not Selected**

Enrolment No.....

Date.....