

Programmes of Morarji Desai National Institute of Yoga (MDNIY)

Course/ Programme	Duration	Timings	Eligibility	Intake	Fees
Educational Programmes					
B.Sc (Yoga Science) affiliated to Guru Gobind Singh Indraprastha University, Sector-16, Dwarka, New Delhi	3 years, comprising six semesters	7.00 am to 3.00 pm on all working days	Pass in 12th class of 10+2 of CBSE with Science (Physics, Chemistry and Biology) with 50% marks	60	22, 000/-per annum + 5000/- as caution money as one time which is refundable
Diploma in Yoga Science (DYSc.) for graduates	1 Year comprising 2 semesters (Aug. to Jan. and Feb. to July)	Full Time 7:00 am to 3:00 pm on all working days	Any Graduate with 50% of marks; below 30 years of age as on 1 st of August	115 + 5 = 120 candidates	Rs. 6,550/- per Semester +2500/- as caution money
Certificate Course in Yoga Science for Special Interest Groups	3½ months	10:00 am to 5:30 pm from Monday to Friday and 7:00 am to 11:00 am on Saturday	On the Government invitation/deputation	Max 50 Candidates In a batch	----
Health Promotion Programmes					
Foundation Course in Yoga Science for Wellness (FCYScW)	1 month	7:00 am to 9:00 am 3:30 pm to 5:30 pm	Matriculation examination from a recognised Board or its equivalent	Max 50 Candidates In a batch	Rs.1,000/- +500/- for course material & workshop
Certificate in Yogasana for Health Promotion	3 months	3 hours on alternate days from 4.30 pm to 7.30 pm	Passed at least 10+2 examination from a recognized Board or its equivalent	Max 50 Candidates In a batch	Rs. 6,000/- +500/- for course material & workshop
Certificate in Pranayama and Meditation for Health Promotion	3 months	3 hours on alternate days from 4.30 pm to 7.30 pm	Passed at least 10+2 examination from a recognized Board or its equivalent	Max 50 Candidates In a batch	Rs. 6,000/- +500/- for course material & workshop

Health Promotion Programme (HPP)	1 month	6:00 am to 7:00 am 7:00 am to 8:00 am 8:00 am to 9:00 am 5:30 pm to 6:30 pm	Open for all	50 Candidates	Rs 500/-
Pranayama and Meditation Programme (PMP)	1 month	7:00 am to 8:00 am 8:00 am to 9:00 am	Open for all	30 Candidates	Rs 500/-
Weekend Yoga Training Programme	Only on Saturdays	7:00 am to 11:00 am	Open for all	50 Candidates	Rs 500/-
Yoga Workshop for Children (YWC)	1 month (May-June)	7:00 am to 9:00 am	For Children	-----	Rs 500/-
Yoga Therapy Programmes					
Yoga OPD					Rs 25/-
Yoga Therapy Programme-1	1 month	9:00 am to 10.00 am	For patients	30 Candidates	Rs 500/-
Yoga Therapy Programme-2	1 month	10.00 am to 11.00 am	do	30 Candidates	Rs 500/-
Yoga Therapy Programme-3	1 month	11.00 am to 12.00Noon	do	30 Candidates	Rs 500/-
Yoga Therapy Programme-4	1 month	12.00Noon to 1.00 pm	do	30 Candidates	Rs 500/-
Yoga Therapy Programme-5	1 month	3.30 pm to 4.30 pm	do	30 Candidates	Rs 500/-
Yoga Therapy Programme-6	1 month	4.30 pm to 5.30 pm	do	30 Candidates	Rs 500/-
Individual Special Yoga Therapy sessions	45 minutes to 1 hour	10.00am to 4.00 pm	do		Rs 100/- per session