

**MORARI DESAI NATIONAL INSTITUTE OF YOGA**  
68, Ashok Road, New Delhi-110001

F.No. MDNIY/OPD/Duties/2016-17/155

Date: 23.09.2016

**NOTIFICATION**

It is to bring to the notice of all the Sadhak(s) seeking registration/admissions for various Yoga Training & Therapy Programmes being conducted by the Institute from the month of October, 2016 and onwards.

The Yoga Training and Therapy programmes conducted by the Institute are as follows:-

**1. YOGA TRAINING PROGRAMMES :**

**A. Health Promotion Programme (HPP) :-**

Venue:- Hall NO. 2 (Basement)

S.No	Timings	Programme	Maximum Intake Capacity	Admission Fee for one month
01	06:00 am to 07:00 am	Health Promotion Programme (HPP)-1	50 Candidates	Rs. 500/-
02	07:00 am to 08:00 am	Health Promotion Programme (HPP)-2	50 Candidates	Rs. 500/-
03	08:00 am to 09:00 am	Health Promotion Programme (HPP)-3	50 Candidates	Rs. 500/-
04.	04:30 pm to 05:30 pm	Health Promotion Programme (HPP)-4	50 Candidates	Rs. 500/-
05	05:30 pm to 06:30 pm	Health Promotion Programme (HPP)-5	50 Candidates	Rs. 500/-
06	06:30 pm to 07:30 pm	Health Promotion Programme (HPP)-6	50 Candidates	Rs. 500/-

**B. SATURDAY YOGA PROGRAMME (SYP) :-**

Venue :- Hall No. 2 (Basement)

S.No	Timings	Programme	Maximum Intake Capacity	Admission Fee
01	06:30 am to 10:30 am (Saturday )	Saturday Yoga Programme (SYP)	50 Candidates	Rs.500/-for one month Rs. 200/- for one week

**2. YOGA THERAPY PROGRAMMES(YTP):-**

Venue:- Hall No.2 (Basement)

S. No.	Timings	Programme	Maximum Intake Capacity	Admission Fee for one month
01	09:00 am to 10:00 am	Yoga Therapy Programme – 1	50 Candidates	Rs.500/-

02	10:00 am to 11:00 am	Yoga Therapy Programme - 2	50 Candidates	Rs.500/-
03	11:00 am to 12:00 pm	Yoga Therapy Programme - 3	50 Candidates	Rs.500/-
04	12:00 pm to 01:00 pm	Yoga Therapy Programme - 4	50 Candidates	Rs.500/-
05	02:00 pm to 03:00 pm	Yoga Therapy Programme - 5	50 Candidates	Rs.500/-
06	03:00 pm to 04:00 pm	Yoga Therapy Programme - 6	50 Candidates	Rs.500/-

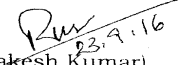
**General Guidelines for admission:-**

1. Admission process for the above said Yoga Programmes for a month will begin from 21<sup>st</sup> of every previous month and will be closed on last working day of previous month.
2. Obtain registration form from the OPD Registration Counter by paying Rs.25/- as registration fee.
3. Fill up the form and consult the Senior Medical Officer (SMO)/ Yoga Consultant seeking advice for specified Yoga Training/ Therapy Programmes.
4. Depending upon the programme prescribed by the SMO/ Yoga Consultant, pay the requisite amount of fee at the Registration Counter and get the Admit Card.
5. To get Admit Card one need to submit 02 passport size photographs and residential proof (Aadhar Card, Voter ID or any other Valid Identity Cards issued by the Competent Authority) along with registration form. In case of foreigner, they need to produce a copy of the Passport/ Visa details etc.

**Note:-**

- a) The programmes, fees and timings etc. are subject to change from time to time without any prior notice.
- b) The decision of the Director of the Institute is final in all the matters related to the admission and conduct of the said programmes.

This issues with the approval of Director.

  
(Dr. Rakesh Kumar)  
Senior Medical Officer

**Copy to the HOD/ In-charge of the following Deptt./Section:-**

1. Teaching Department
2. OPD/ Deptt. Of Yoga Research
3. Deptt. of Communication & Documentation
4. General Administration Section
5. Establishment Section
6. Accounts Section
7. Store & Purchase Section.
8. Director's Office
9. Receptionist-cum-TO
- 10.Registration Counter
11. All Notice Boards
12. Institute Website
13. Office Order File