

## Brief CV of Dr. Ishwar V. Basavaraddi



**Dr. Ishwar V. Basavaraddi**

**Director**

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- Dr. Ishwar V. Basavaraddi is the Director of prestigious Morarji Desai National Institute of Yoga, New Delhi, under Ministry of Ayush, Government of India since June 2005.
- He is Head of the Institution of Yoga Certification Board of Ministry of Ayush, Government of India since 2018.
- He's is also the Head of the Center WHO CC for Traditional Medicine (Yoga), since 2013.
- He has also served as Advisor (Yoga & Naturopathy), Ministry of Ayush, Government of India during 2019-2020.

He had the additional charge of Director, Central Council for Research in Yoga & Naturopathy, New Delhi from 2010 to 2012 and 2019 to 2020.

He was also Managing Trustee of Vishwayatan Yoga Ashram from 2005 to 2008.

- Dr. Ishwar V. Basavaraddi is a renowned Yoga Scientist a Philosopher and an eminent Yoga Master. He is recognised as one of the eminent Yoga educationist and Yoga Expert of the Country. He has more than 33 years of experience in Yoga teaching, training therapy and research out of which 16 years in the PG Department of Yoga studies in Karnataka University, Dharwad, Karnataka.

Dr. Ishwar hails from small a village, Savadi of Gadag district in Karnataka. He is basically a Physicist having done his M.Sc. in Physics from Karnataka University, Dharwad. Later he turned to Yoga and Yoga Philosophy. He did M.A. in philosophy, Ph. D. in Yoga Philosophy and have two P.G. Diplomas one in Yoga and another in computer application to his credits.

He is instrumental in establishing Advanced Yoga Therapy and Research Centres in Primer medical Institutions (5), District Yoga Wellness Centres (159), Yoga Therapy and Research Centres in Medical Institutions (5), Yoga Wellness Centres in CGHS dispensaries (20), and Indian Yoga Association. Instrumental in getting recognition to Yogasana as a Competitive Sports, establishing International Yogasana Sports Federation ("IYSF"), National Yogasana Sport Federation (NYSF), etc. He served as founder secretary General of Indian Yoga Association a self regulatory body of Leading Yoga Institutions for more than 10 years. He imparted Yoga Education, training and therapy to more than lakhs of people of all sections of the society. He published several research papers, articles and wrote books.

He was one of the main architect of Common Yoga Protocols and master of ceremony giving Yoga Instructions to more than 40,000 people including Hon'ble Prime Minister of India at Rajpath, New Delhi in 2015, which went off creating two Guinness World Records. He widely travelled abroad and recipient of many awards.

He is distinguished member of many Government and Non-Government organizations like ICCR, ICMR, UGC, NCERT, NCTE, TKDL, SAI, Railway Board, IYA, NYSF, IYSF, Fit India and held various positions. WHO mYoga application and Yoga break application are the recent contributions of Dr. Ishwar V. Basavaraddi for health and wellness sector.

He has completed 10 major Research & development projects, published more than 18 Research papers, 28 Booklets, 10 monographs, Evaluated hundreds of Research projects as Member and Chairman of different Research Project Evaluation Committees; He took many initiatives to introduce Yoga Therapy in Health Care Delivery Systems and provided disease specific Yoga protocols for several research projects for their scientific validations.

Several initiatives have been taken under the stewardship of Dr. Ishwar V. Basavaraddi for the promotions and development of Yoga in India and abroad.