

POST GRADUATE DIPLOMA IN YOGA THERAPY FOR MEDICOS AND PARAMEDICOS (PGDYTMP)

- The course is designed to teach medical professionals to integrate Yoga therapy in their medical practice for prevention and treatment of lifestyle diseases.
- To orientate paramedical and medical Graduates of any system of medicine to learn and administer Yoga therapy modules for lifestyle related common ailments.
- To introduce holistic principles of Indian Systems of Medicine to medical professionals.
- To orient the medical professionals on the psycho-physiological mechanisms of Yogic practices.
- The course is designed to promote awareness for positive health and personality development in the student through Yoga.

This course is affiliated to Guru Gobind Singh Indraprastha University (GGSIPU), Dwarka, New Delhi.

Eligibility

- (i) Any Medical/Para-Medical/Physiotherapy (minimum 4 years or more) Graduate Degree with 50% marks from a recognized University or Institution approved by the regulatory body.
- (ii) A candidate should be medically fit. A Medical Fitness Certificate in this regard issued from the Medical Officer of the Institute shall be produced. Candidates suffering from any chronic disease are advised not to seek admission to this course.

Intake Capacity: 20 Seats. Reservation of seats will be as per University norms

Admission Criteria: Admission shall be on the basis of the merit prepared on the percentage of aggregate marks of qualifying degree.

Duration: The course will be of 1 year (2 semesters) duration