

MORARJI DESAI NATIONAL INSTITUTE OF YOGA
Ministry of AYUSH, Govt. of India
68, Ashok Road, Near Gole Dak Khana, New Delhi-110001

Yoga Mahotsav-2020

Poster Presentation

Theme: “Yoga for High Altitude”

Posters shall be displayed on **13th March, 2020** at the **Talkatora Indoor stadium**, New Delhi. All the respected participants must be available for the discussion and questions during the Poster Presentations as per the schedule mentioned above.

Rules & Guidelines Specifications

- The size of Poster Presentation should be between **4 X 3 feet to 6 X 3 feet**. Please stick to the above said poster size specifications.
- Abstract, titles, author’s name, and affiliations should appear on the top of the poster.
- A simple Times New Roman or sans serif-face font (e.g. Helvetica) should be used.
- Poster titles have to be minimum one inch. The authors’ names and affiliations may be somewhat smaller.
- Author’s photograph is compulsory on the poster for identification.
- Author or Co-author should be present during the slot provided for the Poster Presentation.
- Specific area will be allocated for the poster presentation.

Content

- Do not prepare a poster as if it were a manuscript. Primarily, use tables, images and limit verbiage. Details of the work can be provided in discussions with interested parties.
- Lettering for text and illustrations should range in size between 12 mm and 24 mm.
- Important information should have the visibility of 10 feet.
- Title should be short and catchy.
- Text should be clear and appropriate.
- Bullets, numbering, and headlines are must for clear vision and readability.
- Please use graphics, color and fonts effectively.
- The layout should be consistent and clean.

Eligibility Criteria

- Research scholar or a student of any stream will be allowed.
- Age group between 16 to 35 years only.
- Only registered candidates will be allowed to participate in the above said competition.

Prize

- **1st Prize:** Rs. 25000/-
- **2nd Prize:** Rs. 15000/-

Kindly fill the **competition registration form** to get registered in this competition and you are requested to send your registration via email yogamahotsav2020@gmail.com & priyankarai910@gmail.com on or before 11th March, 2020. Late entry will not be entertained.

The decision of the Judges shall be final.

For further enquiries, kindly contact: Dr. Priyanka Rai -9599775575
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