

F. No. M-12030/2/2020-YN

Government of India
Ministry of AYUSH

NBCC Complex, Block-3
East Kidwai Nagar,
New Delhi- 110023
Dated 21-07-2020

To

Director,
Morarji Desai National Institute of Yoga,
68, Ashok Road,
New Delhi-110001

Subject: Minutes of 41st Meeting of the Standing Finance Committee (SFC) of MDNIY: reg.

Sir,

I am directed to refer your U.O.Note No. MDNIY/A-2/2020-21/41st SFC dated 10th July, 2020 on the subject cited above and to forward herewith the approved minutes of the SFC meeting held on 08th June, 2020 vide Appendix to this letter.

2. You are, therefore, requested to circulate amongst the members of the Committee and take necessary action on various agenda items as per decisions taken in the said meeting.


3. This issues with the approval of JS (PNRK), the Chairman of the SFC, MDNIY.

Yours faithfully,


(Kundan B Sinha)

Under Secretary to the Government of India
Email: kb.sinha@nic.in &
yoganaturopathycell@gmail.com

For nopl.


21/7/2020

Ans-0

मो.दे.रा.यो.सं. के निदेशक का कार्यालय
MDNIY of Director Office

नियंत्रण सं. 5502 Dy. No.....

21/7 Date.....

Appendix

MINUTES OF 41st MEETING OF STANDING FINANCE COMMITTEE OF MORARJI DESAI NATIONAL INSTITUTE OF YOGA (MDNIY) HELD ON 08.06.2020 AT 03.00 PM, THROUGH VIDEO CONFERENCE (MICROSOFT TEAM APP).

The 41st meeting of Standing Finance Committee of MDNIY was held through Video Conference (Microsoft Team App), on 08th June, 2020 at 03.00 PM.

The following were present:

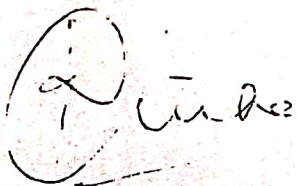
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| 1. Shri P.N. Ranjit Kumar
Joint Secretary to the Govt. of India,
Ministry of AYUSH, AYUSH Bhawan,
B-Block, GPO Complex,
INA Colony, New Delhi-110023. | Chairperson |
| 2. Shri Raj Kumar,
Dy. Secretary (Finance)
(Representative of Additional Secretary & Financial Advisor),
Ministry of Health & F.W., Govt. of India,
Nirman Bhawan, New Delhi-110011. | Member |
| 3. Dr. Jaideep Arya,
Chief Central Coordinator,
Pantanjali Yog Peeth, Maharishi Dayanand Gram,
Delhi-Haridwar Highway, Near Bahadarabad,
Haridwar-249405 (Uttarakhand). | Member |
| 4. Prof. G. D. Sharma,
Flat No.7, Yog Bhawan,
Near Sanjay Gandhi Public School,
New Shimla - 171 009 (HP). | Member |
| 5. Shri Vikram Singh,
Director,
Ministry of AYUSH, AYUSH Bhawan,
B-Block, GPO Complex,
INA, New Delhi-110023. | Special Invitee |
| 5. Dr. I.V. Basavaraddi,
Director,
Morarji Desai National Institute of Yoga,
68, Ashok Road, New Delhi-110001. | Member Secretary |

LEAVE OF ABSENCE:

- | | |
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| 1. Smt. Hansa Jayadeva
Director,
The Yoga Institute,
Yogendra Marg, Prabhat Colony,
Santa Cruz (East), Mumbai - 400055 | Member |
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Officials of Ministry of AYUSH and MDNIY also present:

1. Shri K.B. Sinha
Under Secretary,
Ministry of AYUSH
2. Shri P.C. Joshi,
Accounts Officer, MDNIY
3. Dr. Khushbu Jain,
Assistant Professor (Bio-Chemistry), MDNIY



At the outset, Director, MDNIY welcomed the Chairperson and members present in the meeting. Thereafter, with the permission of the Chairperson, Director, MDNIY took up the Agenda Items for discussion and approval of SFC, as under:-

AGENDA ITEM NO.01: CONFIRMATION OF MINUTES OF THE 40th MEETING OF THE STANDING FINANCE COMMITTEE OF MDNIY HELD ON 28th FEBRUARY, 2020.

Director, MDNIY informed that the minutes of 40th meeting of the Standing Finance Committee of MDNIY held on 28.02.2020 were circulated to all the members of the SFC. Since no comments have been received from any of the members, the minutes of the 40th meeting of the SFC held on 28.02.2020 were confirmed.

AGENDA ITEM NO.02: ACTION TAKEN REPORT ON THE DECISIONS TAKEN IN THE 40th MEETING OF THE SFC HELD ON 28.02.2020.


It was informed that action on some of the items of the minutes of 40th meeting of SFC held on 28.2.2020 could not be taken due to the pandemic of COVID-19. In some of the items, action could not be taken for want of approval of GC, which has now been received on 13th May, 2020 and the action on those items has been initiated. The action taken report on these items (bearing Item Nos.2,6,7,11,19,24,27,28 and Suppl.Item No.5,6 & 7) will be placed before the next meeting of the SFC. The action taken by the Institute on remaining items was noted by the SFC.

AGENDA ITEM NO.03: TO CONSIDER AND APPROVE AN ESTIMATED EXPENDITURE OF RS. 58.00 LAKH FOR CARRYING OUT THE RESEARCH WORK ON 'EFFICACY OF A VIRTUAL, VIDEO-BASED, REGULAR YOGA PROGRAMME ON THE ANTI-OXIDANT STATUS, IMMUNE FUNCTION, STRESS HORMONE RESPONSES AND PSYCHOLOGICAL COMPONENTS IN HEALTHY POPULATION AND PATIENTS RECOVERED FROM COVID-19 IN COVID PANDEMIC PERIOD: A RANDOMIZED CONTROL TRIAL'.

Director, MDNIY informed the SFC about carrying out the research work on "Efficacy of a virtual, video-based, regular Yoga programme on the anti-oxidant status, immune function, stress hormone responses and psychological components in Healthy population and patients recovered from COVID-19 in COVID pandemic period : A randomized control trial" and made a detailed PowerPoint Presentation explaining the incurring of expenditure of Rs.58.00 lakh on recruitment of personnel, experimentation, purchase of Bio chemical kits like immune-related cytokines, oxidative stress biomarkers, and Antioxidant components, stress hormones like cortisol and serotonin and psychological stress parameters questionnaires, etc.

It was also intimated that the said project has been approved by the Scientific Advisory Committee (SAC) of MDNIY in its 2nd meeting held on 12.5.2019, chaired by Joint Secretary (PNRK) and has also been reviewed and approved by the Institutional Ethical Committee (IEC) of MDNIY. It was also informed that this is a new project and no such studies have done previously.

Director further informed that this is a Randomised Control Trial; study will be conducted at Department of Medicine, AIIMS, New Delhi and Morarji Desai National Institute of Yoga (MDNIY), New Delhi for a period of 1 year. Male and female participants of age group between 20-65 years will be encouraged to participate in this study by placing advertisement in the websites of MDNIY and AIIMS.



The SFC discussed the matter at length. While discussing, Dr. Jay Deep Arya, member, proposed that preferably Yoga Therapists (Part time) may be recruited at RS.24,000/- per month each instead of Yoga Instructors (Part time) at Rs.20,000/- per month, which was recommended. SFC, therefore, recommended the proposal for approval to incur the revised expenditure of Rs.60.20 (as detailed below) lakh with the suggestion that the recruitment of research staff shall be made as per the guidelines of the ICMR. However, SFC recommended to empower Director, MDNIY to amend the eligibility criteria as per the availability of staff, if the persons with the ICMR eligibility criteria are not available.

S. No.	Item	Unit Cost	Total Cost (for 12 months)
1.	Man power		
	1. Junior Research Fellow - One	31,000.00 + 24% HRA = 38,440.00	4,61,280.00
	2. Research Assistant - One	31,000.00	3,72,000.00
	3. Yoga Therapists (Part time) - Five	24,000.00	14,40,000.00
	4. Data Entry Operator - One	20,000.00	2,40,000.00
	5. Medical Lab Technician - One	18,000.00	2,16,000.00
2	ELISA and Biochemical Kits, Consumables, plastic wares, Cost of investigations (routine like LFT, KFT, BS F, HbA1c, Lipid Profile)	22,00,000.00	22,00,000.00
3	Travel expenses, home Quarantined, transport of blood samples etc.	3,00,000.00	3,00,000.00
4	Miscellaneous/Contingency/Publication fee/Incentives etc.	5,00,000.00	5,00,000.00
	TOTAL		57,29,280.00
5.	Institutional overhead charge (AIIMS) @ 5%		2,86,464.00
	GRAND TOTAL		60,15,744.00
	Round Off		60.20 Lakhs

AGENDA ITEM NO.04: TO CONSIDER AND APPROVE AN ESTIMATE EXPENDITURE OF RS.10.22 LAKH FOR CARRYING OUT THE RESEARCH WORK IN 'EFFICACY OF PRANAYAMA ON POSITIVITY RATE IN PEOPLE EXPOSED TO COVID-19 PATIENTS AND MENTAL STATUS'.

Director, MDNIY informed the SFC about the initiation of a project importance of the Research Project entitled "Efficacy of Pranayama on Positivity Rate in People exposed to COVID-19 patients and mental status" and its importance in the present scenario.

It was also intimated that the said project has been approved by the Scientific Advisory Committee (SAC) of MDNIY in its 2nd meeting held on 12.5.2019, chaired by Joint Secretary (PNRK) and has also been reviewed and approved by the Institutional Ethical Committee (IEC) of MDNIY. It was also informed that this is a new project and no such studies have done previously. Further, this is an Open label Randomised Controlled Trial, participants for the study will be recruited through the premiere medical or related organization (like Detention Centre) of the centres involved in the trial.

(Signature)

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The SFC discussed the matter at length and recommended the proposal for approval to incur the expenditure of Rs.10.22 lakh, as detailed below:

S.No.	Item	Unit cost (in Rs)	Total cost
1	Man power (10 yoga instructor) part time (for one month)	20,000/ month	200,000.00
2	Data entry operator (for 3 months)	20,000/month	60,000.00
3	Biochemical kits/test (250 test) (at 28 th day= 250 tests)	650/ per test	162,750.00
4	DVD	300,000.00	300,000.00
5	Travel expense	100,000.00	100,000.00
6	Miscellaneous/Incentive to the patients @ Rs. 250.00	200,000.00	200,000.00
Grand Total			10,22,750.00 Say 10.22 lakh

AGENDA ITEM NO.05: TO CONSIDER THE APPROVAL OF JOINT SECRETARY, MINISTRY OF AYUSH TO AN ESTIMATE EXPENDITURE OF RS. 90.95 LAKH FOR CARRYING OUT THE RESEARCH WORK ON 'MULTICENTRIC STUDY ON FIVE DIFFERENT AGE GROUPS ON THE EFFECT OF COMMON YOGA PROTOCOL ETC. AND ITS IMPACT ON WELLNESS'.

Director, MDNIY informed the SFC that the SFC in its 40th meeting held on 28.2.2020 recommended for approval of the research proposal on "Multi-centric Study on five different age groups on the effect of Common Yoga Protocol etc. and its impact on wellness" at an estimated expenditure of Rs.81.60 lakh, subject to codal formalities and availability of funds under Supplementary Agenda Item No.7. However, the matter was placed before the Scientific Advisory Committee (SAC) of MDNIY in its 2nd meeting held on 12.5.2020 and the SAC after discussion advised some modifications and additions in the parameters of the project and accordingly the revised project cost comes to Rs.90.95 lakhs.

SFC discussed the matter at length and recommended for approval of Rs.90.95 lakhs as detailed below:

Sl. No.	Expenditure Head	Amount
01	Man power (a) Jr. Research Fellow (six) for 09 months at Rs.38,440 pm=Rs.20,75,760 (b) Data Entry Operator (one) for 15 months @ Rs.20,000pm= Rs.03,00,000 (c) Consultant Statistics (One) for 03 months at Rs.45000 pm= Rs.01,35,000	25,10,760
02	Consumables (Bio-chemicals / kits)	35,76,960
03	Instruments Expenditure	24,07,500
04	Misc.	6,00,000
Total		90,95,220 Say 90.95 lakh

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**SUPPL. AGENDA ITEM NO.01: TO CONSIDER AND APPROVE THE
CONTINUATION OF THE POSTS IN WHO-CC
PROJECT AND ENHANCEMENT OF
REMUNERATION OF PROJECT
COORDINATOR UNDER THE PROJECT WHO-
CC FOR TRADITIONAL MEDICINE (YOGA)**

Director, MDNIY informed the SFC that the Project Coordinator of WHO-CC project in MDNIY, appointed has been getting Rs.55,000/- per month as per the approval of SFC in its 36th meeting held on 16.6.2017. The Project coordinator is to work for various activities concerned with the WHO like mYoga App, different evidence based Yoga module etc. and is to handle all other activities as assigned from time to time, single handedly by even during odd hours. Therefore, it needs to be considered to engage the Project Coordinator in WHO-CC project in the grade of Senior Project Consultant, as per the Ministry of AYUSH Guidelines on engagement of Consultants, with a remuneration of Rs.75,000/- p.m. with 5% annual hike, initially for a period of one year.

The SFC discussed the matter at length and recommended to engage the Project Coordinator in the WHO-CC project in the grade of Project Consultant at Rs.75,000/- per month with 5% hike annually, initially for a period of one year, as per extant guidelines of M/o AYUSH on engagement of consultants and after following the codal formalities.

**SUPPL. AGENDA ITEM NO.02: TO CONSIDER AND APPROVE THE
EXPENDITURE ON PAYMENT OF
HONORARIUM TO THE PARTICIPANTS IN
CONNECTION WITH ORGANIZING WHO-CC
mYOGA APPLICATION TECHNICAL REVIEW
MEETING HELD ON 13TH AND 14TH MARCH,
2020.**

Director, MDNIY informed the SFC that the proposal seeking approval of competent authority to the sitting charges to foreign experts for attending the meeting of Technical Review Committee of WHO-CC regarding mYoga held on 13th and 14th March, 2020 was sent to the Ministry of AYUSH, which was convened by video conferencing due to spread of COVID-19 throughout the world.

It was informed that the matter is being considered in the Ministry in consultation with the IFD.

ANY OTHER ITEM WITH PERMISSION OF THE CHAIR

Ministry of AYUSH has devised a Scheme of AYUSH Interdisciplinary Learning Programmes (AYUSH-ILPs) and communicated vide their letter dated 3rd June, 2020 for engagement of 15 young professionals by different Institutions of Ministry of AYUSH (internship route) with a view to bring in new ideas and energy into the projects and programmes of the Institute/Ministry and to provide learning opportunities into the young students and professionals. Copy of the Scheme is enclosed as **Annexure-A**.

(C. L. K. S.)

Since MDNIY is in the process of applying for deemed university status, is conducting graduate, postgraduate degree courses, diploma and certificate courses and various Yoga Wellness Programmes, Yogasana as sports programme, including extension activities and International Day of Yoga, it needs to engage young professionals from different walks of life under the scheme of Ministry of AYUSH with the following action plan

- i) One-Month Internship Program (stipend Rs. 15000/- programme).
- ii) Six Month Studentship Program (Stipend Rs. 20000/- per month).
- iii) One-Year Training Program (Stipend Rs. 25000/- per month).

The matter was discussed at length by the SFC and it was desired that MDNIY may also implement the scheme. Accordingly, it was informed that an amount of Rs.21.75 lakh would be incurred on offering all the three programmes.

The SFC considered and recommended to engage 15 young professionals as per the scheme issued by Ministry of AYUSH along with an estimated expenditure of Rs.21.75 lakh per annum.

The meeting ended with a vote of thanks to the Chair.

