



Government of India  
Ministry of Ayush



# ADMISSION BROCHURE DIPLOMA IN YOGA SCIENCE (D.Y.Sc.)

**One Year Duration**  
ACADEMIC SESSION 2024-25



**Morarji Desai National Institute of Yoga**

Ministry of Ayush, Government of India

[www.yogamdniy.nic.in](http://www.yogamdniy.nic.in)

# Diploma in Yoga Science (D.Y.Sc.) For Graduates

(One Year Duration)  
Academic Session 2024-25

## Important Dates

Details	Date
Availability of Admission Form on the website of Institute (MDNIY), New Delhi	12th July, 2024
Last date for submission of Application Form	02 <sup>nd</sup> August, 2024 (Till 4:30pm)
Date of Entrance Exam	11 <sup>th</sup> August, 2024
Announcement of Merit List for 1st Counseling	19 <sup>th</sup> August, 2024
Date of 1st Counseling Session for admission at MDNIY, New Delhi	22 <sup>nd</sup> & 23 <sup>rd</sup> August, 2024
Announcement of Merit List for 2nd Counseling	27 <sup>th</sup> August, 2024
Date of 2nd Counseling Session for admission at MDNIY, New Delhi	28 <sup>th</sup> August, 2024
Commencement of Academic Session	2 <sup>nd</sup> September, 2024

Admission Brochure  
D.Y.Sc. 2024-25

### Important Note

- The selection list will be displayed only on the MDNIY Notice Board and uploaded on the Institute's website [www.yogamdny.nic.in](http://www.yogamdny.nic.in). No personal information will be given to the candidates.
- The application form may also be downloaded from the Institute's website.
- The office timings of the Institute are 09:00 am to 05:30 pm on all working days (Monday to Friday).
- Kindly get the proper acknowledgement for the receipt of application and supportive documents if sent by post.

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**The Institute**

Morarji Desai National Institute of Yoga (MDNIY) is an autonomous organisation registered under the Societies Registration Act, 1860 and functioning under Ministry of Ayush, Govt. of India. MDNIY came into existence on 01.04.1998 by upgrading erstwhile Central Research Institute for Yoga (CRIY), which was established in the year 1976.



MDNIY was established to act as a Centre of Excellence in the field of Yoga. As the demand for the system of Yoga is increasing rapidly at the global level, the Institute is striving hard to fulfill the current need and demand of the people from every corner.

**Aim**

The Aim of the Institute is to promote deeper understanding of Yoga philosophy and practices based on ancient Yoga Traditions for holistic health and well-being of all.

**Objectives**

Objectives of the Institute are-

- To act as a Centre of Excellence in Yoga;
- To develop, promote and propagate the philosophy, science and art of Yoga; and
- To provide and promote facilities of teaching, training, therapy and research to fulfill the above two objectives.

**Vision**

Health, Happiness and Harmony for all through Yoga.

**Mission**

To provide the best of Yoga Education, Training, Therapy and Research facilities to the aspirants, researchers and practitioners of Yoga to meet the aspirations of modern age.



## Location

The Institute is situated at 68, Ashok Road, opposite to Bangla Sahib Gurudwara, Near Gole Dak Khana. MDNIY is approximately 20 kms from Indira Gandhi International Airport; about 2 kms from New Delhi Railway Station and 8 kms from Inter State Bus Terminus (I.S.B.T.).

It can be reached by local transport of Delhi Transport Corporation buses from all corners of Delhi, Gurgaon, Ghaziabad and Noida and for Metro Train travellers Patel Chowk is the nearest station for the Institute.

## The Management

The Institute is fully funded by Ministry of Ayush, Govt. of India. The authorities and the officers of the Institute are - The President, The General Body, The Governing Council, The Director and such other committees, sub-committees, authorities and officers as may be appointed by the Governing Council, e.g. Standing Finance Committee, Scientific Advisory Committee, Academic Committee etc.



**Shri Jadhav Prataprao Ganpatrao**  
Hon'ble's Union Minister of State for Ayush  
(Independent Charge)

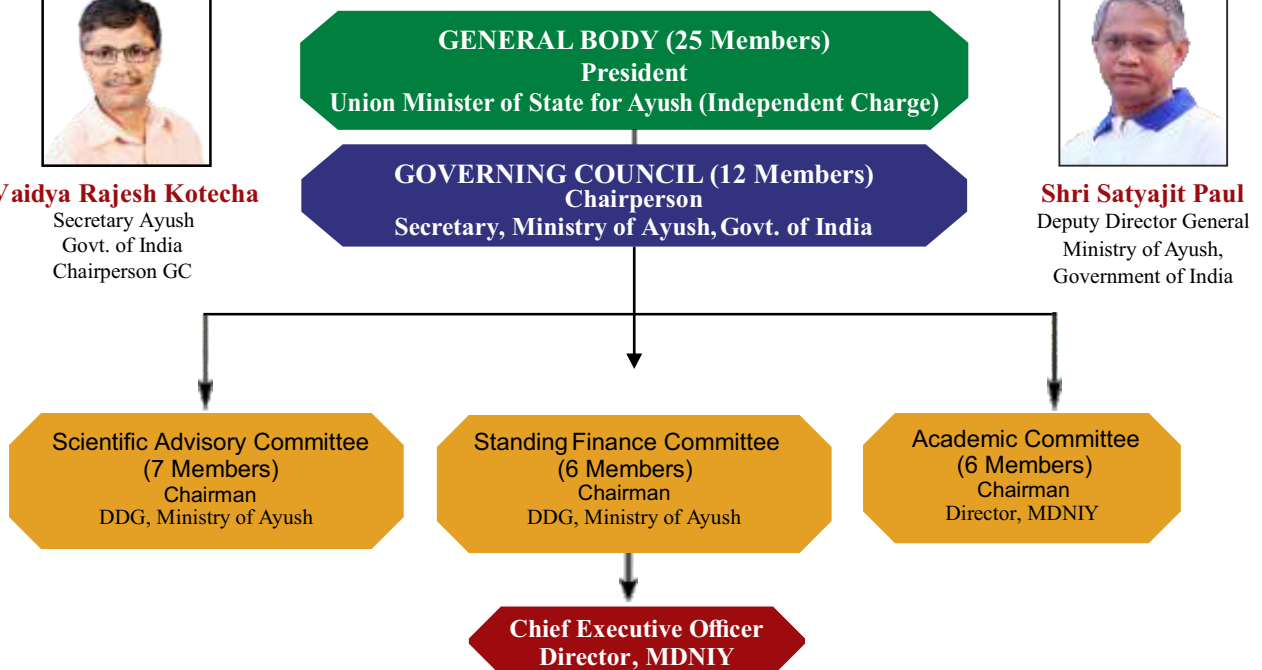
The Hon'ble Minister of State (Independent Charge) of Ministry of Ayush, Govt. of India is the President of the General Body of the Institute. The Secretary, Ministry of Ayush, Govt. of India is the Chairman of the Governing Council. The Director of the Institute is the Chief Executive Officer and “Head of the Department” of the Institute and exercises the power of “Head of the Department” and inter-alia, discharges the duties as mentioned in the MoA and bye-laws of the Institute.



**Vaidya Rajesh Kotecha**  
Secretary Ayush  
Govt. of India  
Chairperson GC



**Shri Satyajit Paul**  
Deputy Director General  
Ministry of Ayush,  
Government of India



## The Director



Dr. Kashinath Samagandi, BAMS, MD (Swasthavritta & Yoga), Ph.D. (Swasthavritta and Yoga), a Diploma holder in 'Nutrition and Health Education' and 'Yoga and Naturopathy' is an eminent scholar with extensive knowledge. With a remarkable 14 years of experience in clinical research and teaching, Dr. Kashinath has been instrumental in mentoring 26 Research PG students. He has been a prominent figure in over 204 seminars and workshops, sharing his expertise as a Resource Person, Keynote Speaker, Guest Lecturer, and Resource Person for CME programs. His professional interests encompass Ayurveda for Nutrition, Ayurveda Dietetics and Modulation, Ayurvedic Lifestyle, Yoga for Personality Development, and Therapeutic Yoga.

Dr. Kashinath has been appointed as the Director of the Morarji Desai National Institute of Yoga since March 19, 2024. Prior to this esteemed position, he served as a distinguished faculty member at the National Institute of Ayurveda, Jaipur.

Dr. Samagandi has represented the Ministry of Ayush, Government of India, at various prestigious international forums. These include the 71st World Health Assembly of WHO in Geneva, Switzerland, from May 20-25, 2018; the 4th International Day of Yoga (IDY) celebrations at the Embassy of India in Beijing from June 15-18, 2018; serving as a Yoga Expert and Team Coordinator at the Shanghai Cooperation Organization Kunming Marathon in Kunming, China.

His scholarly contributions include authoring 35 articles and papers in international and national peer-reviewed journals, 6 articles in health magazines, and 17 newspaper articles.

## Infrastructure Facilities

The Institute has a new state-of-art complex with ultramodern building and air- conditioned **Conference Hall, Auditorium, Meditation Hall, Yoga Practical Halls, Scientific Laboratories and Class Rooms.** The 50-seater Conference Hall is well equipped with a LCD projector and other latest audio-visual



Technological facilities for presentation, conducting meetings, mini-conferences and seminars etc. Bigger seminars, conferences and workshops are conducted in the Auditorium, which is equipped with latest audio-visual and lighting system. Natural light beaming from its beautiful circular dome renders the atmosphere of the sound proof Meditation Hall appropriately serene.

The Institute has Amphitheatre which come accommodate around 500 people. It is being used for International Yoga Fests, Yoga demonstrations and other socio-cultural activities.

The Academic Block has the aesthetically designed, ultra-modern, well-furnished and fully illuminated classrooms with the latest digital acoustics where theory and practical classes of different educational courses and training are conducted.

The Institute works from 9:00 am to 5:30 pm on all working days. However, the Yoga Education, Therapy and Training programmes run between 6:00 am to 8:00 pm on all working days. Weekend Yoga programmes are also being run on scheduled hours.

## Working Hours

The Institute works from 9:00 am to 5:30 pm on all working days. However, the Yoga Education, Therapy and Training programmes run between 6:00 am to 8:00 pm on all working days. Weekend Yoga programmes are also being run on scheduled hours.

### Canteen

Canteen facility is available at the Institute premises wherein natural healthy food items - fruits and juices are being served at nominal rates.

### Library

The Institute has a centrally air conditioned Library, having more than 16,000 volumes on Yoga and allied subjects, available to all students. It is also accommodating the Ayush Library, where the literatures related to different Indian Systems of Medicine are available.



### Learning Resource Centre

The Institute established a Learning Resource Centre (LRC) for Yoga at MDNIY. The LRC is the literature predomination resource that is useful for academic and research purposes. It's a hybrid collection of printed as well electronic resources.

### Computer Laboratory

The Institute has a Computer Laboratory wherein computers with internet facilities are available for students free of cost. Xerox facilities are also available in the Lab at very nominal rates.



### Bio-chemistry Laboratory

The Institute's Laboratory is equipped with technically qualified experts having facilities for Pathological and Biochemical tests.



## Teaching Departments

The Institute functions under the following Teaching Departments :

1.	Department of Yoga Education
2.	Department of Yoga Therapy
3.	Department of Yoga Philosophy
4.	Department of Yoga and Human Consciousness
5.	Department of Human Anatomy
6.	Department of Human Physiology
7.	Department of Allied Sciences
8.	Department of Languages

These Teaching Departments are also supported by :

1.	Department of Yoga Research
2.	Department of Communication and Documentation
3.	Department of Administration

## Yoga Educational Programmes

### M.Sc. (Yoga)

- This course is affiliated to Guru Gobind Singh Indraprastha University (GGSIPO), Dwarka, New Delhi.
- The course is designed to encourage the pupil to be a global citizen, serving the human beings at large through the noble profession of Yoga.
- To generate manpower to assist in Yoga Research Projects.
- To assist physicians/ consultants to give Yoga Training and Therapy at hospitals.
- To produce manpower to give Yoga Training and Yoga Therapy at all levels.
- To teach Yoga therapy to students for prevention and treatment of lifestyle related diseases.
- To promote the awareness for positive health and personality development in the student through Yoga.
- Instilling and inculcating the general interest and inquisitive knowledge about Yoga for Health, personality development and spiritual evolution.

### Eligibility:

B.Sc. (Yoga) or a Science/ Medical/ Para-Medical/ Physiotherapy Graduate with One year Diploma in Yoga Science with Minimum 50% marks from a recognized University or an Institute of National repute.



- A candidate should be medically fit. A Medical Fitness Certificate in this regard issued from the Medical Officer of the Institute shall be produced. Candidates suffering from any chronic disease are advised not to seek admission to this course.
- **Intake Capacity:** 30
- **Duration:** The duration of the programme will be 2 years (4semesters)

### B.Sc. (Yoga)

- This course is affiliated to Guru Gobind Singh Indraprastha University (GGSIPU), Dwarka, New Delhi.
- The course is designed to impart the knowledge, skills and techniques of Yoga to enable them to become an institutionally qualified Yoga professional. It is a full time regular course of 3 years duration, comprising 6 semesters.
- **Eligibility:** Pass in 12th Class of 10+2 pattern of CBSE or equivalent with Science) with a minimum aggregate of 50% marks in Physics, Chemistry, Biology provided that the candidate has passed in each subject separately.
- **Intake Capacity:**30
- **Duration:** The duration of the programme will be 3 years (06 semesters)

### Post Graduate Diploma in Yoga Therapy (PGDYT) for Medicos and Paramedicos

- This course is affiliated to Guru Gobind Singh Indraprastha University (GGSIPU), Dwarka, New Delhi.
- The course is designed to teach medical professionals to integrate Yoga therapy in their medical practice for prevention and treatment of lifestyle diseases.
- To orientate paramedical and medical Graduates of any system of medicine to learn and administer Yoga therapy modules for lifestyle related common ailments.
- To introduce holistic principles of Indian Systems of Medicine to medical professionals.
- To orient the medical professionals on the psycho-physiological mechanisms of Yogic practices.
- The course is designed to promote awareness for positive health and personality development in the student through Yoga.
- **Eligibility:**
- Any Medical/ Para-Medical/ Physiotherapy (minimum 4 years or more) Graduate with minimum 50% marks from the recognized University or Institutions approved by regulatory body.
- A candidate should be medically fit. A Medical Fitness Certificate in this regard issued from the Medical Officer of the Institute shall be produced. Candidates suffering from any chronic disease are advised not to seek admission to this course. Format of medical certificate is enclosed herewith.
- **Intake Capacity:** 20
- **Duration:** The course will be of 1 year (2 semesters) duration.

### Diploma in Yoga Science (D.Y.Sc.) for Graduates

- Diploma in Yoga Science for Graduates (D.Y.Sc.) is a full time, regular, non-residential course. The course is designed to impart knowledge and skills of Yoga to enable the aspirants to institutionally qualified Yoga Instructors.
- **Eligibility:** A candidate possessing a Graduate degree (qualifying examination) in any discipline from a recognized University in India or abroad with minimum 50% of marks is eligible for admission to the Diploma in Yoga Science. However, for SC/ST/OBC/PwD candidates it will be 45% for eligibility to admission to the above Course.
- **Intake Capacity:** 75 (including EWS category) + 22 seats are reserved for special category. 15% seats over and above the total seats shall be for foreign candidates. 05% seats over and above the total seats shall be for PwD category.
- **Duration:** The course will be of 1 year (2 semester) duration.

### Certificate Course for Yoga Therapy Assistant (CCYTA)

- This course (CCYTA) will introduce Yoga therapy as a science of Holistic living. During the course, the student will be taught about the concepts of Yoga therapy for the treatment and prevention of various psychosomatic and life style related ailments. This course has the vision to impart therapeutic skills to students for executing traditional medical knowledge for general public and total personality development.
- **Eligibility:**
  - A pass in 10+2 (any stream) from a recognized Board or equivalent.
  - Certificate course in Yoga for Wellness Instructor (CCYWI) from MDNIY / YCB Certified Level- II (Yoga Wellness Instructor).
- **Intake capacity:** 30 (10%, 5% and 5% seats over and above the total seats shall be for Economically Weaker Section (EWS), persons with disability (PwD) and foreign candidate respectively)
- **Duration:** One-Semester/ 24 Credits.

### Certificate Course in Yoga for Wellness Instructor (CCYWI)

- The course is designed to impart the knowledge, skills and techniques of Yoga to enable the participants to become an institutionally qualified skilled Yoga Professionals and teach Yoga for wellness.
- Moreover, the aim of the course is to impart classical, scientific Yoga education, training and also to produce Wellness Yoga Instructors for promotion of health. The course is focused to impart basic knowledge about Yoga, its basis and applications for wellness principles in daily lives.
- The main objective is to produce the master trainers in Yoga for imparting Yoga education and training Yoga for wellness.
- **Eligibility:**
  - The candidate should have passed 10+2 from a recognized board or its equivalent.
  - Foundation Course in Yoga Science for Wellness (50hrs.) from MDNIY or its

equivalent from any Central/ State University, Yoga Institutions recognized or accredited by Yoga Certification Board, Ministry of Ayush or Yoga professionals having a minimum of 5 years' experience in active teaching and training in Yoga with valid documentations.

- iii) The candidates must be medically fit. No person with chronic ailments is allowed to take admission.
- **Intake Capacity:** 30 seats per batch\*. 15% seats over and above the total seats shall be for foreign candidates. 05% & seats over and above the total seats shall be for PwD.
- **Duration:** The duration of the course shall be of one semester (24credits) or maximum of 6 months.

### Certificate Course in Yoga for Protocol Instructor (CCYPI)

- The course is designed to impart the knowledge, skills and techniques of Yoga to enable the participants to become an institutionally qualified skilled Yoga Professionals and to teach Common Yoga Protocol for Wellbeing.
- Moreover, the aim of the course is to impart classical, scientific Yoga education, training and also to produce Protocol Yoga instructors for promotion of Yoga.
- **Eligibility:**
  - i) The candidate should have passed 10th standard from a recognized board or its equivalent.
  - ii) Foundation Course in Yoga Science for Wellness (50 hrs.) from MDNIY or equivalent from any Central/ State University, Yoga Institutions recognized or accredited by Yoga Certification Board, Ministry of Ayush or Yoga professionals having a minimum of 5 years' experience in active teaching and training in Yoga with valid documentations.
  - iii) The candidates must be medically fit. No person with chronic ailments is allowed to take admission.
- **Intake Capacity:** 30 seats per batch. Subject as the availability of time and space, there is a possibility a increasing the number of seats & batches. Reservation of seats for SC/ST/OBC as per Government of India rules. 15% seats over and above the total seats shall be for foreign candidates. 05% seats over and above the total seats shall be for persons with Differently Abled.
- **Duration:** The duration of the programme will be three Months.

### Certificate Course in Yoga Science for Special Interest Group

- To enhance the social health management of working stress and skill development of Special Interest Group, MDNIY has started Certificate Course in Yoga Science for Target Group (Para- military Personnel). It is of 4 months duration & on Invitation.
- **Intake Capacity:** 100 Central Armed Police Forces(CAPF), 25 (Delhi Police)

## Yoga Training Programmes:

### Foundation Course in Yoga Science for Wellness (FCYScW)

- Foundation Course in Yoga Science for Wellness (FCYScW) is a part time course of 1 month duration (50 Hrs.). The classes are conducted for 5 days in a week for 2 hrs. duration in a day preferable to the morning and evening hours (7 - 9 am and 4-6 pm). However, the timings may change as per the convenience of the Institute.
- **Eligibility:** 10th pass or its equivalent.
- **Intake Capacity:** 30 seats per batch\*.

\* There may be as many as batches of 30 each depending upon demand and space availability.

### Upcoming Courses

#### Diploma in Yoga Therapy (DYT)

• During this programme, the student will be taught about the concepts of Yoga therapy for the treatment and prevention of various psychosomatic and life style related ailments. This course has the vision to impart therapeutic skills to students for executing traditional medical knowledge for general public and total personality development.

- **Eligibility:**
  - (i) A graduate degree in Yoga with 50% marks OR
  - (ii) Any graduate degree with 50% marks with Certificate course in Yoga for Wellness Instructor (CCYWI) from MDNIY/YCB Certified Level- II (Yoga Wellness Instructor) OR
  - (iii) Any degree with 50% marks with Certificate Course for Yoga Therapy Assistant (CCYTA) can join through lateral entry (2nd Semester).
- **Intake capacity:** 30 seats per Batch.
- **Outcome:** The students will become institutionally qualified Yoga therapist.
- **Duration:** One Year / Two Semesters.

#### Diploma in Sports Coaching – Yogasana (D.S.C) for Graduates (One Year Duration & One Month Internship)

- **Aim:** The aim of the course is to produce competent Yogasana Sports Coach.
- **Objectives:** The objectives of the course are as under:
  - a) To promote physical, mental, social and spiritual wellbeing through the practice of Yogasana.
  - b) To introduce the techniques, salient points of yogasana competition and its officiating.
  - c) To promote personality development of player.



- d) To promote yogasana as a sport.
- e) To understand the difference between qualitative and quantitative analysis of sports movements.

- **Eligibility:**

- i) A graduate degree in Yoga with 50% marks OR
- ii) Any graduate degree with minimum 50% marks with Certificate course in Yoga for Wellness Instructor (CCYWI) from MDNIY / YCB Certified Level- II (Yoga Wellness Instructor) OR
- iii) Any degree with 50% marks with Certificate Course for Yoga Therapy Assistant (CCYTA) can join through lateral entry (2nd Semester)

- **Intake capacity:** 30 seats per Batch.
- **Outcome:** The students will become institutionally qualified Yogasana Sports Coach.
- **Duration:** One Year / Two Semesters.

### Health Promotion Programmes

- **Health Promotion Programme (HPP):** Health Promotion Programmes of one hour each are conducted from 6.00 am to 7.00 am and 07:00 am to 08:00 am on all working days.
- **Weekend Yoga Training Programme:** Weekend Yoga Training Programme is conducted from 7.00 AM - 8.00 am.

### Yoga Therapy Programmes

#### Out Patient Department

- The Institute OPD is accredited by NABH.
- Yoga Therapy OPD which works on all working days from 08:00 AM to 04:30 PM. (Monday to Friday)
- The Yoga Therapy (OPD) consists of Senior Medical Officer (SMO), Consultant (Naturopathy) Dietician, Yoga Therapists.
- The OPD is attached with a Pathology/Bio-chemistry Lab.
- Yoga Therapy programmes of one hour each are conducted from 08:00 AM to 04:00 PM on all working days.
- **Individual Yoga Therapy Programme:** Individual Yoga Therapy session of maximum one hour duration is conducted from 8.00 AM to 4.00 PM on all working days.

### Yoga Training Programmes Outside the Institute

- The Institute provides Yoga Instructors to the Govt./ Private Organizations/ RWAs interested in conducting Yoga Training Programme in their locality (only in Delhi and NCR). The Yoga instructors are provided on part-time basis. Interested organizations may contact the Institute for conducting Yoga training programmes in their nearby locality with necessary details.

## Yoga Therapy Centres at Ayush/Allopathy Hospitals

The Institute is running Yoga Therapy Centres in Delhi with the basic objective of main streaming Yogain the existing health care system. These Centres are providing Yoga consultation and imparts Yoga Training and Therapy to the aspirants/patients in the following Hospitals:

S. No.	YOGA THERAPY CENTRES
1.	Vallabh bhai Patel Chest Institute, University of Delhi, North Campus, Delhi - 110007
2.	Rajan Babu Institute of Pulmonary Medicine and Tuberculosis, Dhaka colony, Kingsway Camp, Delhi - 110009
3.	National Institute of Tuberculosis and Respiratory Diseases, Sri Aurobindo Marg, New Delhi-95
4.	Institute of Human Behaviour and Allied Sciences, Jhilmil Colony, Dilshad Garden, Delhi-95

**(Timings: from 09:00AM to 04:00 PM on all working days)**

## Preventive Health Care Units of Yoga in CGHS Wellness Centres in Delhi and NCR

MDNIY has established 20 Preventive Health Care Units of Yoga in CGHS Wellness Centres in Delhi and NCR. Regular Yoga training programmes are being held in these Units However, only the CGHS card holders can avail this facility.

S. No.	PREVENTIVE HEALTH CARE UNITS
1.	CGHS Wellness Centre, C Block, Janakpuri, New Delhi - 58
2.	CGHS Wellness Centre, Sadiq Nagar, Siri Fort Road, New Delhi
3.	CGHS Wellness Centre, New Police Line, Kingsway Camp, Delhi
4.	CGHS Wellness Centre, Shalimar Bagh, New Delhi
5.	CGHS Wellness Centre, Sadar Bazar, Delhi Cantt., New Delhi - 10
6.	CGHS Wellness Centre, Near Harinagar GhantaGhar, New Delhi
7.	CGHS Wellness Centre, M.B. Sector-1, PushpaVihar, New Delhi
8.	CGHS Wellness Centre, Paschim Vihar
9.	CGHS Wellness Centre, Palam Colony, Manglapuri, New Delhi
10.	CGHS Wellness Centre, No. 68, Kamla Nehru Nagar, Ghaziabad, Uttar Pradesh
11.	CGHS Wellness Centre, 23, Pusa Road, Karol Bagh, New Delhi
12.	CGHS Wellness Centre, Tilak Nagar, New Delhi
13.	CGHS Wellness Centre, R. K. Puram, Sector-6, New Delhi
14.	CGHS Wellness Centre, Netaji Nagar CGHS Bhawan, R.K.Puram, Sector-13, New Delhi
15.	CGHS Wellness Centre, Vasant Vihar
16.	CGHS Wellness Centre (No. 68), Main Vikas Marg, Laxmi Nagar, Delhi
17.	CGHS Wellness Centre, Mansarovar Park, Shahdara, Delhi - 32
18.	CGHS Wellness Centre, Sector-IV, Pushp Vihar, New Delhi
19.	CGHS Wellness Centre, Kalkaji, New Delhi
20.	CGHS Wellness Centre, Timarpur

**(Timings: 07:30 AM to 02:00 PM on all working days)**

## RESEARCH ACTIVITIES

MDNIY has a well-established Department of Yoga Research. The Department is working on several research projects in collaboration on various multidisciplinary with Institutes/ Hospitals /Universities like AIIMS, LHMC etc.



**Philosophico-Literary Research:** The Institute is also conducting Philosophico-Literary research work related to Yoga.

**Collaborative Research:** The Institute intend to conduct collaborative research projects in collaboration with Premier Medical Institutions/ Hospitals with a view to promote the research in Yoga with reference to specialized fields.

**MDNIY has designated as WHO Collaborating Centre (WHOCC) in Traditional Medicine:**

MDNIY has been designated as a collaborating centre for traditional medicine (YOGA) for 4 years (2013-14). The Institute has re-designated as collaborating centre for next four years (2021-2025) with the Terms of Reference (TOR) “to contribute to WHO's effort in promoting evidence-based Yoga practice for managing Non-Communicable Diseases (NCDs)”.





## YOGA PROMOTIONACTIVITIES

### International Day Yoga (IDY)

Morarji Desai National Institute of Yoga is actively participating in International Day of Yoga on June 21.



Institute played a pivotal role in making the events a grand success. Common Yoga Protocol and Yoga DVD's for IDY were prepared by the Institute in consultation with eminent Yoga Experts and the officials of various Ministries, Govt. of India.



### YOGA MAHOTSAV

Morarji Desai National Institute of Yoga organises Yoga Mahotsav -A Curtain Raiser for International Day of Yoga. The Institute has been successfully organising Yoga Mahotsav since 2016. The Yoga Mahotsav witnesses the auspicious presence of dignitaries, eminent Yoga Gurus, Yoga Master, Yoga Professionals, Scientists, Research Scholars, Policy makers and others from Yoga fraternity.





## WHO mYoga App

MDNIY as a WHO CC prepared a mobile platform (mYoga) App on “Yoga Protocol for General Wellness” that offers Yoga learning modules and practice sessions for a global audience. mYoga was announced by Hon'ble Prime Minister of India on IDY- 2021, i.e., 21st June, 2021.



## Y-Break App

The Yoga Break-A Yoga protocol consists of a very few useful Yoga practices devised to de-stress, refresh and re-focus on work to increase the productivity of individuals at workplace. Yoga Break at Workplace protocol was developed by the institute and a monograph has been prepared out of its findings. The Yoga Break App was launched by Sh. Sarbananda Sonowal, Hon'ble Union Minister of Ayush and Port, Shipping & Waterways on 1st September at Plenary Hall, Vigyan Bhavan, New Delhi.

**Y-Break Link: <https://www.facebook.com/mdniyayush/videos/604185520357531>**



## NATIONAL YOGASANA SPORTS FEDERATION (NYSF)

Institute was instrumental in getting Yogasana recognized as a Competitive Sport declared by Ministry of Youth Affairs and Sports.



## CONTINUING MEDICAL EDUCATION (CME)

The Institute organizes CME for Yoga Teacher's/ Therapists/ Instructors from time to time. During this Lectures from eminent yoga professionals or allied subjects professionals are arranged for Yoga Teachers/ Instructors/ Therapists.



## FRIDAY WEBINAR

The Institute conducts Webinar on every Friday by inviting eminent professionals/ individuals who have achieved milestones in their field, to orient the students and practitioners of the Institute as well as the social media friends.





## CONFERENCES AND WORKSHOPS

The Institute organizes Conferences/ Workshops on regular basis in collaboration with eminent Yoga / Medical Institutes to disseminate and exchange the experiences of eminent Yogis, Yoga Therapists and Researchers, Scientists as well as Yoga aspirants.

## PANCHAM SWAR

The Institute organizes a bi-monthly socio-cultural programme called 'Pancham Swar' on the first Friday of every even month. This is to encourage the students and staff to participate in socio-cultural activities and also help them to build up healthy inter-personal relationship.

## SPORTS ACTIVITY

The Institute organises indoor and outdoor sports activity time to time. This is for their overall development and to help them to build up healthy inter-personal relationship.



## PUBLICATION & PROPAGATION

The Institute brings out booklets, leaflets, informative brochures etc. on fundamental aspects of Yoga and Yogic practices as well as on different diseases for the benefit of common public. Besides National/ International events like International Day of Yoga, International Yoga Fest, Health Exhibitions, Health Melas, Festivals, Seminars, Conferences etc. The Institute brings out quarterly newsletter, which contains activities and programmes of the Institute in brief. The Institute has also brought out some books, booklets, IEC materials, Yoga charts, CDs, Calendars etc. for the benefit of general public.

## 2

## About Admission Brochure

### 1. Admission Brochure

Through this brochure, the Institute invites application from eligible candidates for admissions to the Diploma in Yoga Science (D.Y.Sc.) for Graduates of one year duration for the academic session 2024-25.

### 2. Sale of Admission Brochure

The price of the Admission Brochure along with Application Form is Rs.1000/- (Rupees One Thousand Only). The Admission Brochure and application forms can be downloaded from the website of the Institute [www.yogamdny.nic.in](http://www.yogamdny.nic.in). The duly filled in application, along with DD of any Nationalized Bank in favour of "MORARJI DESAI NATIONAL INSTITUTE OF YOGA, NEW DELHI", payable at New Delhi OR receipt of payment (Rs.1,000/-) made through online shall be submitted by the last date of submission of application form. The cost of Admission Brochure is non-refundable.



# 3

## Details of Programme: Diploma in Yoga Science (D.Y.Sc.) for Graduates

### 1. Title of the Course

The course shall be called “Diploma in Yoga Science” for Graduates.

### 2. Duration of the Course

The duration of the course shall be of one year comprising of two semesters from September to January and February to July.

### 3. Need of Diploma Course in Yoga Science (D.Y.Sc.) for Graduates

Yoga has attracted the attention of all sections of the society in recent years. The awareness about Yoga practices is increasing amongst people from different walks of life not only for preservation and promotion of health, but also for prevention and management of diseases. Keeping in view the time-tested benefits of Yoga, it is felt that Yoga education should be imparted by adhering to classical knowledge so that people trained in Yoga can derive maximum benefits.

Many Yogic principles and techniques are now being applied in health care system. It has been found that there is a lack of sufficient qualified and well-trained Yoga teachers/professionals and researchers in the field of Yoga. Morarji Desai National Institute of Yoga is being an eminent Institution in the field of Yoga in the country to provide and promote facilities for Training, Teaching and Research to fulfill the aspirations and demands of the people. There is an absolute need of well-trained Yoga Teachers to meet these objectives. Therefore, the Institute proposes Diploma in Yoga Science (D.Y.Sc.) for Graduates with the following objectives:

- a) To prepare well trained Yoga Instructors.
- b) To prepare well trained institutionally qualified Yoga Instructors/Professionals to instruct Yoga at Secondary Schools, Pre-university, Colleges and Universities etc.
- c) To impart the knowledge of Yoga and Yoga practices to the aspirants.
- d) To develop personality of the learners at all levels.
- e) To create awareness about positive health and spiritual evolution.
- f) To motivate graduates to take up Yoga as profession.

### 4. Syllabus

The syllabus is design to fulfill aforesaid objectives containing theory subjects in Yoga and allied subjects, practical and field training in Yoga.

The Course Syllabus also covers the Syllabus of "Yoga Teacher and Evaluator" level Certification of Yoga Certification Board (YCB) of Ministry of Ayush.

## 5. Eligibility Conditions

- i) A candidate possessing a Graduate degree (qualifying examination) in any discipline from a recognized University in India or abroad with minimum 50% of marks can apply for Diploma in Yoga Science for Graduates. However, for SC/ST/OBC/PwD candidates, the minimum % of marks for eligibility to admission to the above Course is 45%.
- ii) There is no age limit for taking admission to this course. But a candidate should be medically fit.
- iii) A Government employee, if applying for this course, should send his/her application through proper channel.

## 6. Number of Seats

Total number of seats is 75 for Indian Students. In addition to these, 22 Special Category Seats for students from Andaman & Nicobar Islands and Lakshadweep, North-East and J&K & Ladakh UT's, Sports Person/ NCC/ NSS, Dependent of War Martyrs/ Ex-Serviceman, Foreign Students and children of MDNIY employees as per details given below:

### Total number of seats: 75 (including EWS category)

General Merit	33
OBC	18
SC	10
ST	06
EWS	08
<b>Total</b>	<b>75</b>

### Special Category Seats: 22

Foreign Students	09
PwD	03
Andaman & Nicobar And Lakshadweep Islands	02
North-East States	02
Sports/NCC/NSS	02
Dependent of War Martyrs/Ex-Servicemen	02
Children of MDNIY Employees	01
J&K UT and Ladakh UT	01
<b>Total</b>	<b>22</b>

# 4

## Submission of Application Form

### A) Filling up of Application Form

1. Medical Form is enclosed as Appendix –1
2. The applicants are advised to retain a photocopy of the duly filled-in Application Form before the same is submitted to the MDNIY.

### B) Submission of Application Form

1. The Application Form complete in all respects including requisite fee & Photocopy of all documents should be submitted by hand at the MDNIY Reception Counter in the sealed envelope OR it may be sent by Registered/ Speed Post to the Director, Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi-110 001 to reach latest by 4:30 pm on 02th August, 2024.
2. After the last date is over, applications received through Registered/ Speed Post or by any other means will not be accepted, irrespective of the fact when the form was dispatched/ posted. Therefore, candidates are advised to submit their applications at the earliest, instead of waiting for the last date.
3. All the essential documents duly attested should be attached with the Application Form.
4. Write the complete address by giving your name and Pin Code carefully and legibly. Please note that this address will be used by the Institute for all the Correspondence in future. Therefore, it should be very clearly written with black ball point pen only. The Institute will not be responsible for any loss in transit or for incorrect address given by the applicant in the Application Form.

### C) Admission Rules

An advertisement of the notification for calling applications for admission to Diploma in Yoga Science for Graduates of one year duration will be given in the leading national newspapers with the following guidelines:

- (i) Application should be made on the prescribed form attached with the prospectus on payment of prescribed fees as mentioned in the admission notification. Application Form duly filled in all respect, supported by attested photo copies of all necessary documents should be enclosed.
- (ii) The application should be submitted on or before the prescribed last date only by hand or post. Application through fax/email or application received after due date shall not be considered. The Institute is not responsible for any postal delay.

- iii) The candidates shall ensure the receipt of application by the Institute.
- iv) The selection will be based on Offline Entrance Test basis at all over India. Candidates fulfilling the eligibility criteria may only appear for the entrance exam. Admission for D.Y.Sc. Program will be subjected to the verification of Certificates and Medical Fitness.

### C) Entrance Exam

**Question Paper:** There will be a Question paper of 100 Multiple Choice Questions carrying 01 mark each. Syllabus of the examination is as follows:

S. No.	Subject	Marks
1	<b>General Awareness</b> about Indian History, Indian Geography, Fundamental Rights and duties, National Academic Institutes, Current Affairs (National and International), Who's Who, Important Days, International and National Organizations.	25
2	<b>General Biology</b> – Class 8th, 9th, 10th CBSE board	25
3	<b>Comprehension ability</b> - Reading Comprehension, Vocabulary building, Parts of speech, Active Passive voice, Direct Indirect Speech.	25
4	<b>Yoga-</b> General knowledge about Yoga, Knowledge about International Day of Yoga, the subject matter in Common Yoga Protocol*	25

\* Reference - Common Yoga Protocol booklet-2019, published by Morarji Desai National Institute of Yoga, Ministry of Ayush, Govt. of India. Available on [www.yogamdny.nic.in](http://www.yogamdny.nic.in) & [www.ayush.gov.in](http://www.ayush.gov.in)

- (a) The candidates securing 40% or above marks for General/EWS/SPL categories and 35% or above marks for SC/ST/OBC/PwD in entrance examination will be considered for admission on merit.
- (b) Candidates from Foreign countries need not to appear in the entrance exam. Their selection for D.Y.Sc. will be as per the merit of Graduation in their respective category.
  - (i) In case of two or more candidates securing equal percentage of marks at the bottom of the selection list, preference will be given to that candidate who is possessing degree/s in any Yoga/ Indian System of Medicine/ Philosophy/ Physiotherapy/ Physiology/ Diet and Nutrition/ Psychology/ Sanskrit/ respectively. In case of none, the percentage of marks obtained in graduation exam will be the next criteria of selection.
  - (ii) A candidate should be medically fit. A Medical Fitness Certificate in this regard issued from the Medical Officer of the Institute shall be produced. Candidate suffering from any chronic disease/obese is advised not to seek admission to this course and such candidates will not be admitted to the course. The candidate who are pregnant will also not be considered for admission.
  - (iii) The calendar of dates for admission procedure will be given with the prospectus. The list of applicants for examination will be displayed on the Notice Board and also on the website of the Institute.



- (iv) Any ambiguity/ erasures/ unattested/ cutting/ false information/ concealment of information detected in the requisite certificate, will summarily result in the cancellation of the candidature of the student at any stage of selection and/or during the course of study.
- (v) The selection for Diploma in Yoga Science will be as per all India merit and reservation policy of Government of India in Central education and training Institute issued from time to time, which is 27% for OBC, 15% for SC, 7.5% for ST and 10% for EWS students at present.
- (vi) In case of any ambiguity etc., the Director's decision shall be final in all the matters related to admission.

**\*Note:- The other details related to Entrance Test will be Notified separately on institute website.**

**E. Medium of Instruction:**

Hindi / English

**F. Selection Procedure**

The selection is further subjected to production of Medical Fitness Certificate. The selection list will be displayed on the Notice Board of the Institute and also on the Institute's website only.

In case, any student whose name appears in any of the selection list and is unable to deposit the requisite admission fee, his/her candidature will not be considered in the next lists. However, their cases may be considered on priority basis on merit if any seats remain vacant only after the completion of admissions as per the selection of 2nd or 3rd list, provided there is a written request from the candidate in time. Decision of the Director, MDNIY shall be final in this regard.

**G. Medical Test**

There will be Institutional Medical Examination before a candidate is finally selected for admission in the course. Selection will be subject to medical examination, which will be conducted at Institute at the cost of Rs.50/-. The student will be permitted to submit other fees only after getting medical fitness Declaration Certificate from the Medical Officer of MDNIY as per Appendix-1.

**H. Dress Code**

The dress shall be white T-Shirt and trousers of selected colour (or as decided by the Institute) both for boys and girls which need to be purchased by the students on their own. Each candidate shall attend the Institute's formal classes and other functions only in the prescribed dress for Summer as well as in Winter Season with Institute's emblem thereon.

1. All the admissions will be made through counseling. It will be conducted by the Institute as per the procedure prescribed in subsequent paragraphs, strictly on the basis of inter-se-merit of the qualified candidates.

**2. Venue of Counselling**

Morarji Desai National Institute of Yoga, 68, Ashok Road, near Gole Dak Khana, Opp Gurudwara Bangla Sahib, New Delhi – 110001

**3. Schedule of Counseling / Admission Session:**

- a) Announcement of Merit List for 1st Counseling Session 19th August, 2024
- b) 1st Counseling / Admission 22nd & 23rd August, 2024
- c) Announcement of merit List for 2nd Counseling Session 27th August, 2024
- d) 2nd Counseling / Admission 28th August, 2024
- e) Dates for subsequent counseling/Admissions will be announced on Institute Notice Board and website from time to time if seats fall vacant even after 2nd counseling.

**4. Procedure for Admission through First Counseling:**

- a) Detailed schedule of first Counseling/ Admission indicating the number of qualified candidates to be called for counseling will be displayed on the Institute's Website(www.yogamdny.nic.in) and the Notice Board of the Institute as per schedule.
- b) The candidates should report at the notified venue, date and time for counseling/ admission in person along with the documents mentioned in Chapter 06. On reaching the venue, the candidates must mark the Attendance. Allotment of seats to the candidates will be made only when he/she attends the counseling session in person.
- c) Firstly, the candidates will be called in order of merit and shall have to produce the original documents required for verification.
- d) Admission Officer will give a duly signed Admission Slip after the deposition of the full fee by the candidate. No candidate should leave the venue of counseling without receiving the Admission Slip.
- e) A candidate who fails to appear in person on the notified date and time for counseling, shall forfeit his/her claim for the seat which could be offered to him/her, he/she had been present on his/her turn. However, if the candidate reports late or reports on subsequent days during the process of counseling, he/she may be considered for allotment of a seat available at that point of time.

- f) A candidate who is allotted a seat will be required to pay full fee as mentioned in Chapter 07 immediately on the spot at the time of counseling/ admission. If a candidate fails to pay the fee, as mentioned above immediately after the seat is offered to him/her, the offer will be withdrawn on the spot and the seat will be allotted to the next candidate .in the merit list. Part payment or payment through cheque will not be accepted under any circumstances.
- g) The candidates are also advised, in their own interest to check the details of fee, their name, rank/merit, program etc., on Admission Slip issued to him/her by the Admission Officer before leaving the counseling hall.
- h) The conversion of seats reserved for SC, ST, OBC, EWS etc. to General Category shall be done only during the 2nd and subsequent counseling's and no such conversion will be done during the 1st counseling. However, while converting the seat during 2nd counseling, any unfilled seat(s) reserved for ST Category will be offered to SC Category and vice versa and only after completing this exercise, the conversion of the reserved category seats to general category shall be effected.

#### **5. Admission through Second Counseling:**

- a) Detailed schedule of Second Counseling, depending upon the number of vacant seats created on account of withdrawal(s)/ any other reason(s), will be displayed as per schedule mentioned in point 3c of this chapter on the Institute Website (may visit Institute website for latest update regularly) as well as on the Notice Board of the Institute. The Second Counseling will be held at the same venue. No separate communication will be sent in this regard.
- b) A candidate who fails to appear in person on the notified date and time for counseling, shall forfeit his/her claim for the seat which could be offered to him/her, he/she had been presented on his/her turn. However, if the candidate reports late during the process of counseling, he/she may be considered for allotment of a seat available at that point of time provided he/she had not taken admission earlier.

**Note:** A candidate, who has taken admission during 1st counseling and then he/she withdraws his/her admission shall not be considered for admission in 2nd counseling.

- c) In case a candidate drops out after taking admission in the second counseling, his/ her full fee will be forfeited. It is advised in the interest of the candidates to carefully decide to take admission in the second counseling only if he/she intends to pursue the program.
- d) If any vacant seats arise after second counseling due to any reason, the same shall be filled up as per the decision taken by the Admission Committee /Director.
- e) The list of students on close of admissions after the second counseling (if necessary third or more counseling) shall be treated as final list of admissions and the same shall be displayed on the website of the MDNIY ([www.yogamdniy.nic.in](http://www.yogamdniy.nic.in)) and Notice Board.
- f) The Academic Session would commence w.e.f. 02nd September, 2024. All the candidates who go t admission must report to the MDNIY on 02nd September, 2024 at 07:00am.

# 6

## Documents required at the time of Admission

Candidates selected for admission should bring the following original certificates/ testimonials/ documents at the time of admission:

1. Date of birth (Matriculation Certificate Stating Date of Birth).
2. Qualification Certificates.
3. All Mark sheets of qualifying examinations.
4. Caste Certificate, in case of reserved category.
5. EWS Certificate (if candidate applying for EWS category).
6. Character Certificate preferably issued by the Institute previously studied.
7. 4 recent passport size photographs.

Admitted candidates must join classes on the due date, failing to join the classes within a week, the admission shall automatically be cancelled and such seats shall be offered to the candidates in the respective waiting list. The decision of the Director will be final in this regard.

The selected candidate shall have to give an Undertaking to the effect that he/she shall maintain proper discipline and decorum at all times at the Institute and shall abide by the rules and regulations of the course. All admissions are provisional subject to the verification of original documents and medical examination.



## 7

## Fee structure

## PROPOSED FEE STRUCTURE

Sl. No.	Description	Semester-I			Semester-II			Remarks
		Other Than SC/ST	SC/S T/ EWS	Foreign (in INR)	Other Than SC/ST	SC/ST/ EWS	Foreign (in INR)	
1.	Admission Fee	1,000	500	5,000	---	---	---	At the time of Submitting application
2.	Tuition Fee	15,000	7,500	75,000	15,000	7,500	75,000	
3.	Library Fee	1,000	500	5,000	1,000	500	5,000	
4.	Socio-cultural activity	500	250	2,500	500	250	2,550	
5.	Medical Fee	500	250	2,500	500	250	2,500	
6.	Examination Fee	1,000	500	5,000	1,000	500	5,000	At the time of Examination
	<b>TOTAL</b>	<b>19,000</b>	<b>9,500</b>	<b>95,000</b>	<b>18,000</b>	<b>9,000</b>	<b>90,000</b>	
7.	Caution Money	*5,000	*5,000	*25,000	---	---	---	At the time of Admission

\*Caution Money is refundable without interest on completion of the course (conditions apply) or on discontinuation of the course with the approval of the Director.

**Late Fee:**

- The fees are payable on prescribed dates notified by the Institute of each semester. In case the last day for payment of fees happens to be a holiday or a Sunday the fee shall be paid on the next working day. Late Payment attracts a fine of Rs. 100/- for the first 10 days and @ Rs. 10/- per day thereafter. If the payment of fees is not made within a month of it becoming due, the name of such students shall be removed from rolls.
- The fees once paid are not refundable. In case of discontinuation of study or removal due to non-payment of the dues for the half-year in advance or due to violation of any rules and regulations, the claim for the refund of the caution money shall stand forfeited and no representation shall be entertained.
- All fees are payable in Cash/ Demand Draft/ Bank Pay Order to be drawn in favour of Morarji Desai National Institute of Yoga, payable at New Delhi.

**Identity Card:**

The Institute will issue an Identity Card to each student, which they have to carry at all times while in the Institution. If the original is lost, a duplicate card can be issued against payment to Rs.200/- and also on submission of an Indemnity Bond and a copy of the FIR lodged.



**1. Reservation**

Reservation of seats is applicable as per Govt. policy in respect of SC/ST/OBC/EWS issued from time to time. In case, reserved candidates belonging to SC/ST/OBC/EWS and other categories are not available, the seats will be filled up by candidates of general category on the basis of merit.

**2. Special Category Seats**

The intake capacity is 75 (GM-33, OBC-18, SC-10, ST-06, EWS-08). In addition to these, 22 Special Category Seats for students from Andaman & Nicobar and Lakshadweep Islands, North-East States, J&K and Ladakh UT's, Sports Person/NCC/NSS, War Martyrs, PwD, Foreign Students and children of MDNIY regular employees as per details given below are reserved.

Details	No. of Seats
Foreign Students	09
PwD	03
Andaman & Nicobar and Lakshadweep Islands	02
North-East States	02
Sports Person/NCC/NSS	02
Dependent of War Martyrs/Ex Servicemen	02
J&K and Ladakh UT's	01
Children of MDNIY employees	01

**3. Instructions for Reserved Category Candidates**

A candidate belonging to reserved category while applying for admission in the course shall be required to submit a copy of the certificate to the effect that he/she belongs to SC/ST/OBC/EWS from the competent authority as listed below along with application form.

- i) District Magistrate/Additional District Magistrate/Collector/ Deputy Commissioner/ Deputy Collector/1st Class Stipendiary Magistrate/Sub-Divisional Magistrate/Taluka Magistrate/ Executive Magistrate/ Extra Assistant Commissioner.
- ii) District Presidency Magistrate/ Additional Chief Presidency Magistrate/ Presidency Magistrate.
- iii) Revenue Officer not below the rank of Tehsildar.
- iv) Sub-Divisional Officer of the area where the candidate and his/her family resides.
- v) Administrator/ Secretary to the Administrator/ Development Officer J&K, Ladakh UT's, Lakshadweep, Andaman and Nicobar Islands.
- v) Any candidate submitting any wrong or false certificate by any fraudulent means shall be disqualified at any stage.

- 3.1 The required certificate(s) for reserved categories/classes will be essential at the time of the counseling/admission and no provisional admission shall be admissible for want of cast/ category certificate from the local competent authority. Further, the caste/ category certificate should invariably be in the name of candidate himself/ herself and not in favour of respective parents/ guardians.
- 3.2 In case of married woman applying to any course under reserved category has to produce the caste certificate in the name of herself. Certificate in the name of husband/ mother / father is not acceptable.
- 3.3 **OBC:**
- (i) The certificate must mention non - creamy layer status of the applicant ( Non- creamy layer status issued by an authority mentioned in DOPT Office Memorandum no . 36012 / 22 / 93 - Estt . ( SCT ) dated 15.11.1993).
  - (ii) The OBC applicants who belong to the ' Non - Creamy Layer ' and whose caste appears in the Central List of the OBCs only, shall be eligible to be considered for admission under the OBC category ( Validity period of OBC certificate in respect of ' creamy layer ' status of the applicants as per DOPT Office Memorandum No. 36036 / 2 / 2013 - Estt . ( Res - I ) dated 31 March 2016). The validity of the non - creamy layer certificate shall be for the financial year 2024- 2025, issued after 31 March , 2024.
  - (iii) If the applicants do not have the OBC non - creamy layer certificate of the financial year 2024-2025 at the time of registration , the applicant may upload previous ( older ) OBC non - creamy layer certificate / acknowledgement slip of OBC non- creamy layer certificate application. However , at the time of admission , the applicant must produce the recent financial year's ( 2024-25 ) OBC non - creamy layer certificate , issued by the same competent authority. This additional certificate must have reference of the applicant's already issued original caste certificate.
- 3.4 **PwD:** The people with Disability (PwD) candidates are required to submit a certificate from authorized Medical Doctors/Hospitals indicating the extent of Physical disability as per the Disability Act 2016. The percentage of disability shall be duly verified/ recommended by the Senior Medical Officer/ Medical Board of the Institute before the benefit is extended to the candidate.
- 3.5 **Andaman & Nicobar and Lakshadweep Islands, North-East States:** The candidature of Andaman & Nicobar Islands & Lakshadweep and North-East States student has to be recommended and forwarded by the Ayush/Health Department of concerned State/UT. Only such candidates will be considered for the Fellowships on merit. Others will be considered as other Candidates.
- 3.6 **Sports/NCC/NSS:**
- i) Candidates seeking admission under sports category must have represented at International/ National level and/or own medals at State/ Regional / University level competitions duly recognized by State/Sport Authority of India/AIU.
  - ii) N.C.C. cadets have to produce N.C.C. certificate "C" for admission.
  - iii) N.S.S. Volunteers, who have completed minimum two years as NSS Volunteer and attended two 10 days Special Camps/ or one National Integration Camp or Republic Day Camp.  
Certificate of Competent Authority needs to be enclosed for admission under para 3.3.
- 3.7 **Dependent of War Martyrs:** Admission may be offered to the Children/ Widows of Officers and Men/Women of the Armed Forces including Para- Military (CAPF) Personnel, in the following order of preference:
- i) Dies in line of their duties, sacrifices his life for the nation.
  - ii) Widows/Wards of Defence/CAPF personnel killed in action/terrorist attack.
  - iii) Widows/Wards of Defence/CAPF personnel who died in peace time with death attributable to military service.  
Certificate of Competent Authority needs to be enclosed for admission under para 3.4.
- 3.8 **Candidates from Jammu & Kashmir, Ladakh UT's:** Candidates seeking admission under this category will be required to submit a state-domicile certificate in support of their claim of being from Jammu & Kashmir/Ladakh UT's.
- 3.9 **Children of MDNIY Employee:** Candidates seeking admission under staff quota will be required to submit a certificate from Director MDNIY about their employment on regular basis.

# 9

## Fellowship

### Fellowship

A Fellowship of Rs. 8,000/- (Rs. Eight thousand) per month will be awarded to the following students: (Max. for 10 Months)

- a) Andaman & Nicobar Islands and Lakshadweep – 2 students
- b) North - East States – 2 students
  - i) However, the candidature of the above students has to be recommended and forwarded by the Health /Ayush Department of the concerned State/UT.
  - ii) Award of scholarship/fellowship to such selected students is also subjected to their regularity, requisite attendance (min. 80%) and discipline. They have to execute a bond paper as per the prescribed format in this regard.

The Institute does not have any provision for scholarships for foreign students. However, some scholarships are granted by the Govt. of India under various schemes. Students are advised to contact ICCR or the nearest Indian Mission for necessary information about these scholarships. Students may also consult the UNESCO handbook STUDY ABROAD, which lists some scholarships and the addresses to which applications should be made.



### Generic guidelines for admission of International students:

- i) The International Student will require a student visa endorsed to this Institution for joining the course. No other endorsement is acceptable.
- ii) Only those students who have qualified from foreign Universities or Boards of Higher Education, recognized as equivalent by the Association of Indian Universities (AIU) are eligible for admission. Therefore, an equivalence certificate from AIU has to be produced by the candidate.
- iii) A student wishing to join the course may download the application form and prospectus from the Institute's website. The application duly completed in all respect for provisional admission to the course has to be submitted to the Institute. The Institute will check the eligibility, if found eligible, the candidate may be considered for the provisional selection. After verification of the documents, the student will have to go through requisite Medical Examination in the Institute. However, as per the Govt. of India rules, all International students entering India on Student Visa have to be tested for HIV and other Medical test prescribed by Government of India and will not be given admission if found positive. The foreign students shall have to undergo HIV test at their own cost from any recognized hospital/ centers. On declaring "Medically Fit" in the Medical Examination and HIV (negative), the student shall submit requisite admission fee and may get enrolled for Provisional Admission.
- iv) On provisional admission, the Institute will issue a Provisional Admission letter. This is required to get the student visa and to complete other formalities. The student should then report for final admission to the Institute to join the course on production of original copy of Student Visa.
- v) The rules, regulations, discipline etc. for the foreign students during the course will remain same as it is mentioned for the Indian students.
- vi) Due to any reason, if foreign candidate is not available, the seats will remain vacant. However, Director's decision will be final in this regard.



- 1) There will be two semesters from October to March and April to September. Final examination will usually be conducted in the last months of each semester. The results will be declared accordingly on the basis of the performance in both the semesters.
- 2) A student failing in any subject/s in the first semester will be allowed to take admission to the second semester. However, his/her final results will be declared only after passing both the semesters.
- 3) A student failing in one or more theory / practical paper/s is allowed to reappear for those paper/s in which he/she has failed. He/she need not reappear for the papers in which he/she has already passed.
- 4) A supplementary examination will be conducted for each semester within three months of announcement of the final results. A student will be given maximum three chances (including both the main and a supplementary) to get pass in the examination of each semester. A fee of Rs.250/- per subject will be charged for supplementary examination.
- 5) Re-evaluation in practical examination is not allowed. The theory answer books are recounted just to ensure that all the questions attempted by the candidate have been evaluated or not, that the marks awarded have been totalled up correctly or not, and that the total marks have been correctly carried over to statement of marks or not.
- 6) Fee chargeable for recounting of the answer book is Rs.250/- per subject and should be deposited personally in the office on working days.
- 7) The candidate is required to produce a photocopy of his/her current Admit Card and Marks Sheet issued along with application form for Re-evaluation and also attach self-addressed envelope of 9"X4" size with postal stamp of Rs.10/- affixed thereon.
- 8) There will be two unit tests/assignments in each Semester. The marks obtained in these unit tests/ assignments will be considered for internal assessment marks as prescribed in the syllabus. If a candidate could not appear in a Unit Test, with prior information on medical grounds, he will be provided a chance to appear in Supplementary Unit Test within two weeks after the regular Unit Tests are over.
- 9) Students are required to attend 80% of the total classes conducted during each semester (both theory & practical separately). Those students whose attendance is below 80% shall not be eligible to appear in the examination. However, maximum 5% attendance will be condoned on medical ground on production of Medical Certificate or at the discretion of the competent authority/Director on valid reason/s.
- 10) There is no other provision shall be made by the institute to fulfill the require percentage of attendance.
- 11) In case of illness, it will be necessary for the student to give medical certificate along with fitness certificate.

As a part of the curriculum, there will be a compulsory Field Work to organize Yoga. Training Camp/ Workshop(s) of one month duration after completion of syllabus of the II-Semester.



## YOGA CAMP

Students shall submit the field work report within a week of completion of Yoga Camps. The final results of D.Y.Sc. will be declared only after successful completion and evaluation of the field work report submitted by the students.

- i) Any student found indulging in any unfair or unethical practice during examination; he/she shall be barred from the course.
- ii) Final examination results shall be displayed on the Notice Board of the Institute.
- iii) The decision of the Board of Examiners / Director, MDNIY shall be final in all the matters related to examination.

## RESULT

### Minimum marks to Pass

40% of marks in each theory and practical papers.

### AWARD OF CLASS:

#### Pass Class

40% and above and below 50% in aggregate

#### Second Class

50% and above and below 60% in aggregate

#### First Class

60% and above and below 80% in aggregate

#### First Class with Distinction

80% and above in aggregate

**Note:** If a candidate has failed only in one theory/practical paper, he/she shall be given grace marks of maximum 10% of the total marks of theory/practical paper.

### AWARD OF DIPLOMA

On completion of the course, a Certificate of “Diploma in Yoga Science” for Graduates will be awarded to those candidates who are successful in both theory and practical examinations of both the Semesters.

### BEST STUDENT AWARD

Award to Best 3 students on the basis of their merit/ ranks in D.Y.Sc.(semester I and II) exams will be awarded with cash prize of

Rs.25,000/- (First Prize)

Rs.15,000/- Rs (Second Prize)

Rs.10,000/- (Third Prize)



- i) Mere applying for admission to the course does not refer or confer any right upon the candidate to be selected. No TA/DA shall be paid to the candidates for appearing in the entrance exam & counseling session for admission to the course.
- ii) Canvassing in any form will disqualify the candidate for admission.
- iii) No interim correspondence shall be entertained until admission.
- iv) Morarji Desai National Institute of Yoga (MDNIY) owns no responsibility for providing employment.
- v) Irregular attendance, habitual idleness, disobedience or unbecoming conduct in the premises will render a student liable not to continue the course and his/her name shall be removed from the roll after prior notice.
- vi) Use of Cell Phones by the students during class hours (both Theory and Practical) is strictly forbidden. If found, strict action shall be taken against the students.
- vii) The student's concerned shall compensate any damage caused to the property of the Institute.
- viii) Students are responsible for the loss or damage of books, equipments, tools and instruments used by them and necessary deductions will be made from the caution money deposited by them.
- ix) Student shall behave themselves in such a manner that it shall not disturb peace and tranquility of any other student, teacher etc.
- x) Absence from any activity of the scheduled program will be treated as a gross breach of discipline.
- xi) Permission for leave or absence from classes must be taken in writing from the Course Teacher / Co-ordinator / Director in advance. In case of illness, a Medical Certificate may be submitted in time as per guidelines.
- xii) No Union / Association shall be formed by the students.
- xiii) Students should not visit the Staff Faculties / Members during class hours.
- xiv) Students should keep in mind that they are here not merely to study the ancient discipline of Yoga, but also apply the same discipline and lifestyle to themselves.

- xv) The Director's decision will be final in all matters related to discipline and smooth conduct of the course.
- xvi) Following are strictly forbidden / prohibited within the Institute.
- a) Possession or use of alcoholic drinks /beverages.
  - b) Possession or use of addictive or Hallucinogenic drugs.
  - c) Psychotropic drugs.
  - d) Smoking & chewing tobacco / Gutka Pouch / Chewing gum etc.
  - e) Gambling/Playing cards or games involving money or other valuables or other articles.
  - f) Use of cell phone during the class hours or possession of firearms or any lethal weapon.
  - g) Ragging/ teasing/ harassment in any form is prohibited and punishable.
- xvii) Students must attend Yoga practical classes in the morning daily; they must come empty stomach and carry their breakfast to be taken after practical class (MDNIY canteen is also available).
- xviii) MDNIY shall observe all the Gazetted Holidays.
- xix) A vacation of 15 days will be observed in each semester & the dates will be announced by the Institute from time to time.
- xx) During second Semester a tour to the leading Yoga Institutes/ Centres of the country may be arranged as per the demand by the Students. The cost of the tour shall be borne by the students.
- xxi) The students shall be required to follow the rules and regulations prescribed in the syllabus and also amended/framed by the Morarji Desai National Institute of Yoga for improvement in the quality of teaching, training and discipline, from time to time.
- xxii) If the original Marksheet/Certificate is lost, a duplicate copy can be issued against payment to Rs.250/- and also on submission of FIR of the missing Marksheet/ Certificate.
- xxiii) In case of any dispute, the case will be dealt under jurisdiction of Delhi Courts only.
- xxiv) All valuables money shall be properly secured by the students. The Institute will not be responsible for loss of any valuables/cash.
- xxv) Any unidentifiable objects in and around the Institute's should not be touched but immediately report to the available officers / officials for remedial action.

- xvi) It is not advisable to continue the course during pregnancy. In case, any female student conceived during the course period, she will not be allowed to continue the course, since.
- xvii) the Yoga Practices mentioned in the syllabus are not recommended for the pregnant women. However, she may be permitted to repeat the semester within the next 2 years if available and desired by her.
- xviii) If any injury/infection inflicted to any student during the course period, he/she will not be permitted to attend the Yoga Practical classes since it is not advisable. However, in case of shortage of attendance due to injury/infection etc, he/she may be permitted to repeat the semester within the next 1 year if available and desired by him/her.
- xix) MDNIY reserves the right to change, delete, alter and add any of the rules and regulations as and when necessary, without prior notice.

### Refund of Caution Money

Only on production of original receipt issued at the time of admission, original I-Card and No Dues within a time limit of one year after completion of the course.

### Conclusion: Adoption of Way Of life After the Course

The Institute is founded for those, who want to selflessly serve humanity on the moral and spiritual grounds. Hence, persons having political or economic ambitions are advised to refrain from seeking admission here. However, those who feel that they have a call to strive for the spiritual upliftment of humanity are earnestly invited to join.





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## Instructions to fill the form

1. Any forms with incomplete mark-sheet, i.e. a mark-sheet where name, total marks, obtained marks or any such detail is missing or not clear, will be rejected.
2. If CGPA/FGPA is given in the mark sheet, candidate will have to get it converted into Percentage and attach valid proof along with that.
3. If the category certificate is missing/expired/invalid, the form may be treated as General category.
4. If the form from North-East States and A&N Islands, Lakshadweep does not have the Forwarding letter (as specified in the Diploma Prospectus), the form may be considered under general category.
5. The percentage of the candidate may be considered not on the basis of rounded-off percentage given in the mark-sheet but by calculating the percentage up to three decimal points and rounding off the third decimal point.
6. In case of honours degree, percentage may be calculated on the basis of taking all the subjects' marks into consideration and not just those of the honours subject.



## Medical Certificate

I certify that I have carefully examined Shri / Km /Smt.\*.....  
son/ daughter/ wife of Shri/Smt.\*.....  
whose signature is given below. Based on the examination, I certify that he/she is in good mental and physical health and is free from any physical defects which may interfere with his/her studies including the performance of different Yogic practices required of a professional.

Visible Mark of Identification .....

Signature of the Candidate .....

Place :

Date :

Name & Signature of the\*\*

Medical Officer with Seal

.....  
\*Strike whichever is not applicable.

\*\* To be signed by a Registered Medical Practitioner holding a Medical degree.

## Character Certificate

Certified that Shri / Smt. / Kumari.....  
son / wife / daughter of .....  
Address ..... who is known to me for the last .....years,  
possess good moral character.

Certified that Shri/ Smt./ Kumari.....  
is not related to me.

Place

Office Telephone No.

Signature

Name in Block letters

Designation and Seal

- **Signing authority-** Gazetted officer (a high ranking public servant whose appointment is recorded in the official government of or state gazette)
- The certificate needs to be furnished on the letterhead of the concerned officer.

ADMISSION BROCHURE

# DIPLOMA IN YOGA SCIENCE (D.Y.Sc.)

One Year Duration

ACADEMIC SESSION  
2024-25



*For further information please contact :*

**Director**

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**Ministry of Ayush, Government of India**

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**Price: ₹ 1000/- (Inclusive of Application Form)**